



SWISS EDITION

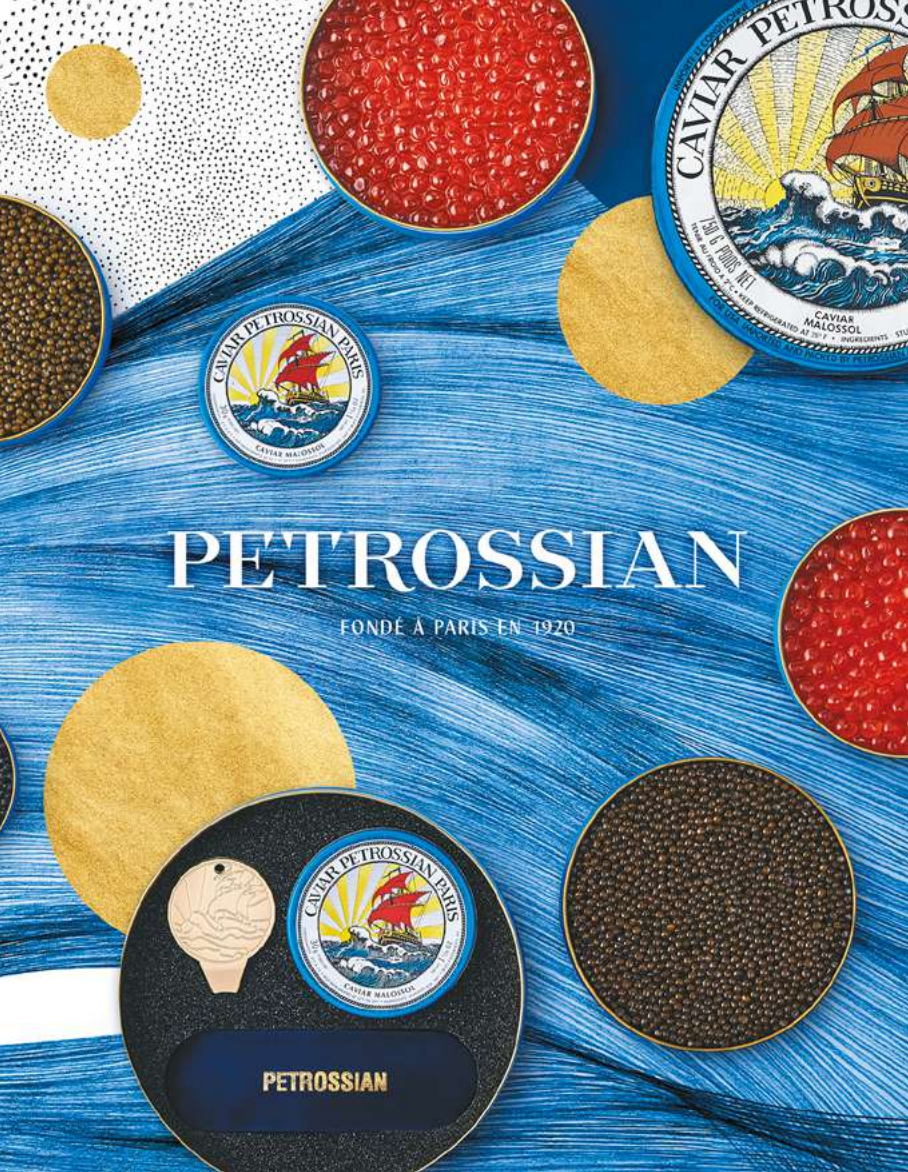
# Golf

pleasure & taste

English

REPORTAGE: ABU DHABI

N.17



## LETTER FROM THE EDITOR

### **"GOLF PLEASURE & TASTE" N 17**

This 2023/2024 winter edition is a special collection of precious items, tips, brands and locations.

We open the magazine with a selection of Swiss winter locations as Andermatt and Gstaad and Tessin. The golf rubric is huge with many places like Golf Aschental in Germany, Golf Club San Vigilio on the Garda Lake and Golf Terme di Saturnia in Tuscany. A reportage on Crans Montana Omega Master and the Yellow Ball 25th Golf Tournament at Betulle Golf Club.

There is also two important rubriques "Mentoring & Coaching" with the precious article of Angela Ramel and some Fashion tips of Luxembourg Fashion week.

The Reportage is focusing on the Emirates Abu Dhabi and the last trends over there.

Enjoy Your Reading!

**Francesca Ada Babini**  
General Manager  
Fab Consulting GmbH

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pleasure & taste

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**COVER:**

Matterhorn I 2023 by Elena Kupreeva  
Sports Edition. Winter collection  
oil, acrylic, gold&silver leaf, epoxy  
50x50 cm

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Neue Zürcher Zeitung

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pleasure course

ZURICH



### THE LOBBY LOUNGE

Enjoy casual dining or a classic Afternoon Tea in an elegant and airy space in the heart of Park Hyatt Zurich. The space features comfortable club chairs, overstuffed sofas and an open fireplace, creating the perfect atmosphere for relaxing after a day of sightseeing in Zurich or business meetings.



## PARK HYATT ZÜRICH™

### LUXURY FIVE-STAR HOTEL IN ZURICH CITY CENTRE

Park Hyatt Zurich is perfectly situated between the picturesque Lake Zurich and the famous Old Town. Indulge in the finest elements of the Swiss commitment to serenity, luxury and art. Enjoy culinary delights, first-class service and all that Zurich has to offer, right from your doorstep.



### PARKHUUS RESTAURANT

Indulge in the merging of exceptional Swiss cuisine and delectable flavors at parkhuus Restaurant, which has recently been awarded 16 Gault Millau points.



### CLUB OLYMPUS SPA & FITNESS

Club Olympus Spa & Fitness, which a full suite of wellness facilities and a range of high-end treatments, each designed to rejuvenate your mind, body, and spirit. Designed to accommodate the wellness enthusiast on the go, the fitness center features Technogym strength training and cardio machines.



Park Hyatt Zurich  
Beethovenstrasse 21, Zurich, Switzerland, 8002  
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www.hyatt.com



# LUXURY FASHION NIGHT ZÜRICH

SECOND EDITION

Zürich's most Luxurious Fashion Night is back!  
After a successful Fall-Winter first edition in September 2022 at Baur au Lac, the second edition will take place on the 25th of November at Park Hyatt Zürich.

Female Entrepreneurs Switzerland & Anashi Handmade, powered by Zürich.Influencers, will present to you a curated luxury fashion experience, exhibiting unique creations from Swiss & international designers in luxury clothing and accessories, watches, fine jewellery, beauty, skin care, and art.

The highlight of the evening will be an amazing fashion show directed by the young creative designer Ahmad Kron and Keyla Villegas, founder of Anashi Handmade. There will be guest appearances by Miss Universe Switzerland 2023 candidates.

In addition, you will experience a live-painting show, presenting exceptional artwork from the Spanish painter Pedro Martin Rojo. You can purchase his artwork and thus contribute to a good cause. Part of the proceeds will be donated for the development of indigenous community Mayapo in the northern coast of La Guajira, Colombia.

## WHAT WILL YOU EXPERIENCE?

- Welcome Champagne & Aperol from Park Hyatt
  - Degustation of selected fine wines
- The amazing fashion show at Park Hyatt's ballroom
- Exhibition of luxury brands and a live painting session
  - Live DJ Set and music in the After-Party

Doors Open: 19:30  
Exhibition & Fashion Show: 19:30-22:00  
After-Party: 22:00 - 02:00

Address: Park Hyatt Zürich  
Bethovenstrasse 21, 8002 Zürich

Tickets: <https://eventfrog.ch/luxury>

We recommend buying the ticket online for a guaranteed entry.  
At the door the price will go up.



  
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THE HOME OF GOLDENEIDER

## THE MOST VALUABLE DUVET IN THE WORLD FOR A HEALTHY SLEEP

The idea for Golden Eider came from a project for outdoor suites for the hotel industry. In an erected safari tent on the Rigi, the queen of the Swiss mountains, Christian Wick discovered the beneficial effect of sleeping as close to nature as possible. There he experienced first-hand how well one sleeps under a duvet made of eiderdown, even in difficult climatic conditions.

Therefore, a few months later, in search of the most natural, animal-friendly and sustainable eider down, he went on an expedition to one of Iceland's largest eider duck farmers with the help of his international contacts. In a remote bay, he found a true eider duck paradise. Since this adventurous journey, Christian Wick has cultivated his passion for Iceland and the eider duck. The eider down obtained is a gift from nature. And the Golden Eider duvet is the logical continuation of this story on the way to natural sleep. In the meantime, he is a great lover of natural materials that ensure a healthy and beneficial sleep.





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The Dolder Golf Club Zurich was founded in 1907 and it is one of the oldest golf clubs in Switzerland. The private 9-hole course is located in the area of the city of Zurich and is idyllically embedded in the forest of the Adlisberg. Guests are welcome. Tee times are to be agreed through the secretariat. The course is located on the southern slope of the Adlisberg.

### 9-Holes Course

- PAR 60
- 3366 m
- Putting Green
- Restaurant



For this reason, the many inclines make the place, despite its clarity, a physically and mentally challenging experience. 2004/05, the place was gently rebuilt and renewed all greens. The 9 hole course can be played in two passes. The deductions remain the same in both rounds. Slopes, stepped greens, bunkers and old, dense trees complicate the game. The course is not very long, but the greens are small and well defended. Precision is therefore more important than length.



### DOLDER GOLFCLUB ZÜRICH

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CH-8032 Zürich  
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# ARTINTERIOR BY ARTIST ELENA KUPREEVA

ARTINTERIOR = WHEN FINEART MEETS INTERIOR DESIGN.

*Elena Kupreeva*



Elena is a Swiss contemporary artist. Best know for her anti-stress colouring books, she works with an array of styles and techniques. Her work has been exhibited and commissioned across Europe and U.S. She has been featured in many publications by, for example, British Vogue, Boesner Schweiz Catalog, Golf Pleasure & Taste magazine and etc.

Elena Kupreeva is involved in numerous charity projects, like Kids Create initiative (founded by Elena and sponsored by Zumstein Papeterie and with generous contributions from GoleoSwiss art supplies) - art painting groups for children suffering from the PTSD syndrome; Refashion drop, where all proceeds go to Epicerie Sociales of the Caritas Luxembourg and many more.

In June 2023 Elena has launched her new art project: ArtInterior.

The ArtInterior project brings interior art to a new level. Elegant and sophisticated it combines clean lines, colour and design that can integrate into any space.



Though ArtInterior is less than a year old, its collections are already a huge success.

Whether it's your lounge, a hotel or an office - when art meets interior design, we have at our disposal a powerful tool to create an emotionally aesthetic space that is essential to our inner harmony and well-being.

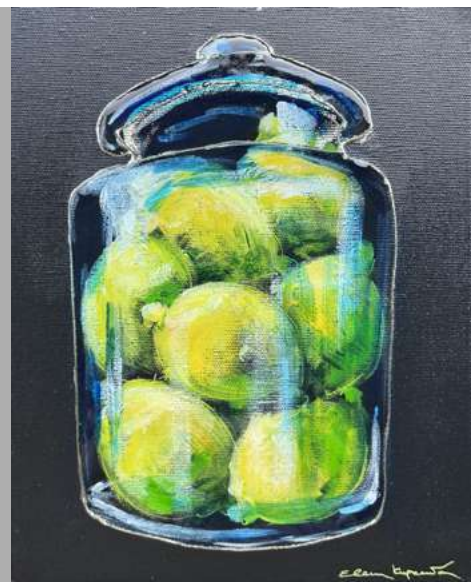


Cover Photo:

Matternhorn I 2023 by Elena Kupreeva Sports Edition.  
Winter collection  
oil, acrylic, gold & silver leaf,  
epoxy 50x50 cm

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*Beauty*  
FOR LADIES

 [therealindapavlova](https://www.instagram.com/therealindapavlova)

Ambassador Golf Pleasure & Taste

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## New age in anti-aging beauty care

We at EVENSWISS® believe that everybody deserves to have naturally healthy and youthful looking skin and hair. EVENSWISS® offers a revolutionary approach to skin care: the signalling cosmetics. Dedicated to this mission, we are making assiduous efforts to provide our customers with the most advanced cosmetics based on a deep understanding of the biological mechanisms of skin and hair regeneration. After 30 years of research a worldwide unique formula has been developed: EVENSWISS® with Dermatopoietin®.

DERMATOPOIETIN® is a full equivalent of the human epidermal cytokine interleukin-1 alpha – the natural polypeptide that controls the homeostasis of skin, regulate immune reaction and contribute to the production of Elastin, Collagen and Hyaluronic Acid.

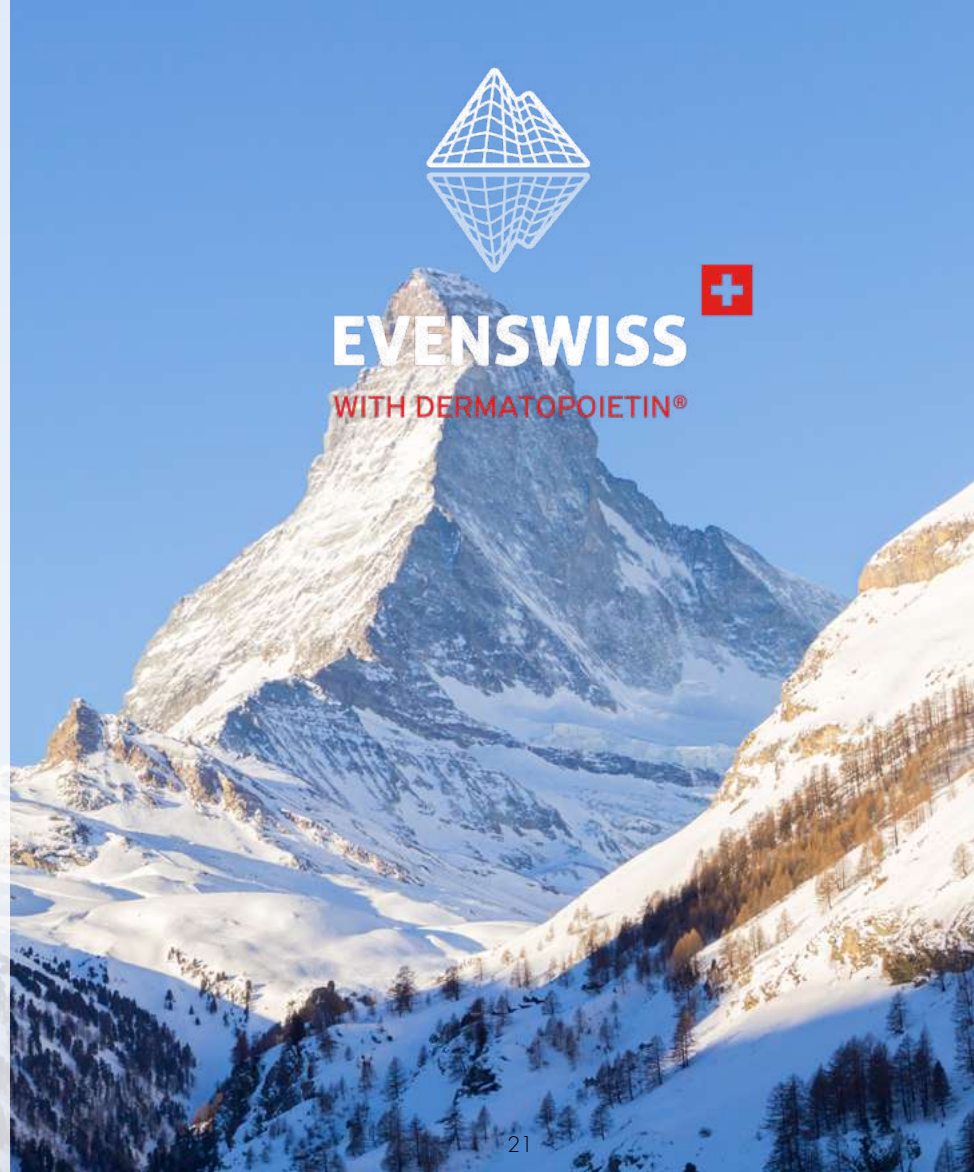
It affects deep skin structures without penetrating skin by triggering a cascade of reactions which propagates from the surface to the depth of skin: named Signalling Cosmetics®.

DERMATOPOIETIN® promotes the production of collagen, elastin, hyaluronic acid and several growth factors and thus supports the skin's natural renewal process.

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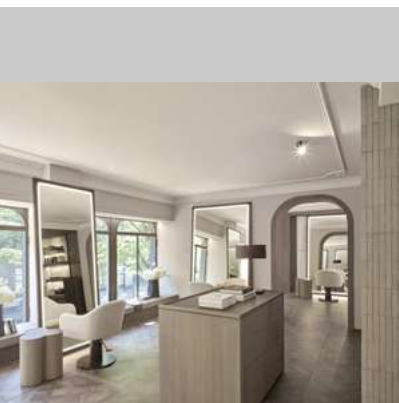


# EN VOGUE

THE LEADING HAIR SALON  
SINCE 1982



Enter a world where the boundaries between art and craft are gracefully blurred and the essence of beauty permeates every aspect. Our new salon at Bahnhofstrasse 35 in Zurich proudly presents its eagerly awaited flagship store. Patrizio Di Renzo, our Creative Director & Interior Designer, has had the extraordinary privilege of designing this exceptional space from the ground up, illuminating the harmonious interplay between the extraordinary and the ordinary. Like a precious masterpiece in an exquisite setting, this salon effortlessly combines



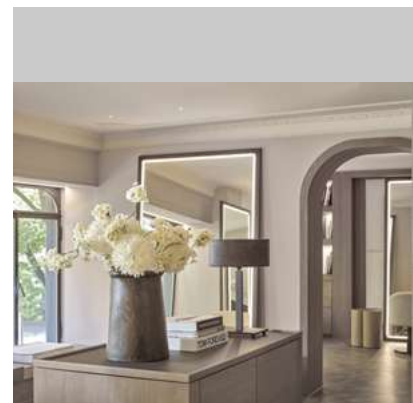
the simple elegance of a luxury hotel with the sophistication of Italian design. And yet it is more than just aesthetics. It is a testament to the power of beauty, a place where traditional boundaries are broken and new spaces for creative expression are created. Materials are used in unprecedented ways in this groundbreaking concept, and innovation dances exquisitely in every corner.

The choice of location for this sanctuary of hair art is of great importance. Nestled in a beautifully restored century-old building in the vibrant heart of Zurich, En Vogue's new salon becomes a symbol of the timeless connection between history and the limitless possibilities of the future. As custodians of the design process, we were granted unprecedented creative freedom, allowing us to shape every facet of the salon with relentless dedication and precision. The result is a stunning transformation that seamlessly blends classic charm and contemporary opulence into a cohesive masterpiece.

This revolutionary salon transcends the boundaries of traditional hairdressing. The concepts we have developed are beacons of innovation that are blazing a new trail for the industry. From the visionary styling

spaces to the state-of-the-art reception area, every element has been carefully considered to enhance the well-being and unique experience of our valued clients. As soon as you cross the threshold, you are enveloped in an ambience that exudes warmth, serenity and an unmistakable aura of luxurious indulgence. Italian elegance dances harmoniously in every nook and cranny, while an ethereal symphony of subtle hues, refined textures and masterful lighting creates a captivating atmosphere beyond the ordinary.

Our new salon, En Vogue, not only sets new standards in hairdressing, but also ushers in an unprecedented era of holistic wellness and hair care. Here, innovation and Italian elegance seamlessly merge to create an extraordinary work of art that invigorates the senses and nourishes the soul. We invite you to embark on this extraordinary journey of transformation and well-being, and to scale the pinnacle of beauty at En Vogue International Hair Salon. Here, art and craft combine to create an incomparable, transcendent experience.



EN VOGUE COIFFURE  
Bahnhofstrasse 35, 8001 Zurich

EN VOGUE GROUP AG  
Löwenstrasse 1, 8001 Zurich

[www.envoguecoiffure.com](http://www.envoguecoiffure.com)



## OQUA LUGANO - ZERO GRAVITY

OQUA is a glamorous, vegan anti-ageing skincare from Switzerland in harmony with the environment. With its ingredients (Swiss Technology Award), this skincare guarantees noticeable results.



«OQUA - GRAVITÀ ZERO is designed for women who are confident and joyful. I have always felt magically attracted to water. Its seductive weightlessness and overwhelming power fascinate me. It was on the water, in Lugano, kissed by the radiant sun like a muse and gently carried by the waves of the lake, that I brought OQUA to life.» - Franziska Lerch (CEO & Founder)

## OQUA IST «FREE FROM»

The five vegan care products from OQUA LUGANO impress with their airy, light textures and provide long-lasting moisture. In addition, all products have natural anti-aging active ingredients and are free of undesirable ingredients such as silicones, parabens, polyethylene glycol (PEG), preservatives, mineral oils and microplastics, thus protecting the skin as well as the environment.

## OQUA IS ECO-FRIENDLY

The products were 100% developed and produced in Switzerland. The high quality can be felt not only when applying the products, but also in the packaging. The dark colour of the elegant crucibles made of recycled glass is reminiscent of Lake Lugano, where the lights of the city and the silhouette of Monte San Salvatore are reflected at night.

## OQUA IS INNOVATION

The high-quality formulation of OQUA products is based on nature. They are the result of clinical tests that have made it possible to develop a natural-based care formula that activates the skin at the cellular level and thus helps it to regenerate. A tripeptide was integrated into the day care and night mask, which was awarded the Swiss Technology Award. It has a Botox-like effect and penetrates deep into the skin, visibly smoothing, protecting collagen and refining pores.

## OQUA – THE NAME

OQUA, according to the Urban Dictionary, is an acronym for the almost perfect woman. Her laughter is contagious, and she is always on hand when her friends are not well. If she likes a person, she will fight for them.

OQUA is a new way of understanding beauty. OQUA women (and people) are strong, brave and love to laugh – even at themselves. They stand up for what they believe in!

## OQUA IS 100% SWISS QUALITY

The products are conceived, developed (Swiss laboratory) and manufactured 100% in Switzerland with award-winning ingredients (Swiss Technology Award)



OQUA LUGANO - GRAVITÀ ZERO  
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# BIESGEN PLASTIC SURGERY

Dr. med. Thomas Biesgen

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COMFORTABLE  
IN YOUR OWN  
BODY.



## EXPERTISE AND EXPERIENCE IN PLASTIC, RECONSTRUCTIVE AND AESTHETIC SURGERY.

Thomas Biesgen, MD, has been practicing in the field of Plastic, Reconstructive and Aesthetic Surgery for nearly 25 years and offers excellent expertise in many areas of this surgical specialty.

As you can see from my resume, I am not just a purely aesthetic surgeon.

Having experienced and also imparted continuous education and training at international centers for reconstructive and

microsurgery for almost 20 years, I am proficient in complex surgical procedures that are essential to the field of aesthetic surgery.

Through my membership in many internationally renowned associations and professional societies, I always remain at the cutting edge of science in the fields of aesthetic, reconstructive and hand surgery, which allows me to offer you, the patient, the highest standards and safety.

I also have this claim as an authorized expert in the state association of Rhineland-Palatinate in the field of plastic and aesthetic surgery and hand surgery.

When I welcome you as a patient in my consultation, you are of course the center of attention and will be personally informed by me about the various options of the procedure, as well as the possible risks and complications.

The preservation of the personal naturalness of the individual patient is the highest goal of my treatment. Thus, long-term connections between beauty, functionality and health can be created.



### AESTHETIC & RECONSTRUCTIVE SURGERY

- Aesthetic Breast Surgery
- Facial surgery
- Eyelid surgery
- Nose surgery
- Dermatosurgery
- Body treatments
- Reconstruction of the breast
- Reconstructive Surgery
- Hand surgery

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- Wrinkle treatment with botulinum
- Wrinkle treatment with hyaluron
- Facial volume
- Eye bags
- Lips
- Advice face

### DR. MED. THOMAS BIESGEN

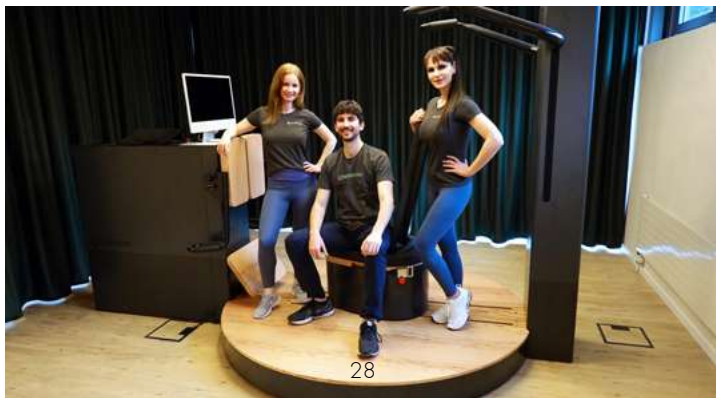
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www.dr-biesgen.ch



## GET FIT IN SIX MINUTES A WEEK

Melanie Russell, owner of AURUM Fitness Stäfa, explains that high-intensity strength training, like no other sport, ensures more strength, more muscles, healthy weight loss and much more, which is scientifically proven. «The 'AURUM' technology makes strength training that would otherwise take hours possible in just a few minutes.» The training is very safe for several reasons, Russell said. «We don't work with weights, but with adaptive resistance, which means that the machine measures the strength the

exerciser uses every second and returns it as resistance at the same time. Care is then taken to ensure that the joint angle is optimal and that the always slow movement sequence of the exercise is adjusted to the circumstances of the trainee. In addition, every training session includes a personal coach who helps to carry out the exercises correctly.» For this reason, it is possible for people who want to rebuild after injuries or who suffer from chronic tension to train in the studio. "In such cases, the intensity is built up



slowly and gradually increased.”

### POSITIVE IMPACT

High-intensity strength training and especially AURUM training is fascinatingly simple. Training has many advantages that can be seen in the everyday life of the trainees. When the body is regularly subjected to a stress test to build muscle mass, all of its sub-systems are strengthened at the same time. The heart, lungs and brain become more efficient to support growing and highly functional muscle mass. This also has, among other things, the following effects: higher calorie consumption at rest and fat burning thanks to more muscle mass; lower blood sugar levels; Reduction of back and neck pain; prevention and treatment of osteoporosis; Relieving osteoarthritis, preventing and treating cardiovascular diseases and developing strength for everyday tasks.

### POWER FOR LIFE

In everyday life, the advantages impact the quality of life in a variety of ways. "Because the training courses are so short, they are also suitable for mothers with small children or people who are heavily involved in their professional lives. There are also couples who train as a couple, or people who go about their daily routine leisurely and enjoy life, but still have their weight under control and want to do something for their health," says Melanie Russell. Even though we talk about high-intensity training, our oldest customer is over 90 years old and benefits from the benefits of AURUM strength training.

«WE ARE ADDING YEARS  
TO OUR LIFE,  
IT'S TIME TO ADD LIFE TO  
OUR YEARS.»





Penny Frieden and Michail Sgouropoulos are qualified and highly trained personal trainers at AURUM Stäfa. They make sure you are doing the exercises correctly and set the goal together with the trainee. "Our training courses have the advantage that the successes are measurable." The machine provides so-called bio-feedback; this data can be evaluated and always checked using an app. Thanks to the latest body scales, customers can also measure their muscle and body fat percentage at any time, as well as check their water balance, fitness level or cell health. The values are discussed regularly with the coach and targeted measures to improve the values are discussed.

For training at AURUM Fitness on Grundstrasse 4a, you only need your trainer pants, a T-shirt and socks, as the training takes place without shoes, says Melanie Russell. The rest, such as shower products or bath towels, is available. Two free trial training sessions can be completed to see for yourself how effective it is. It's a pleasure to have you here!

[www.aurumfit.com](http://www.aurumfit.com)



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The beautiful 18 hole / par 72 course, the 685 M.ü.M. can be played with a handicap below 30. Guests are welcome from Monday to Friday. An appointment by telephone, club membership and a valid handicap of maximum 30 is necessary. The Zumikon golf course is equipped with a club house, a driving range and a shop. Elevated tees and greens, sheltered by bunkers and water hazards, are the hallmarks of this golf course. In particular, the height difference provides some challenge to the player.

### 18 hole-course

- Par 72
- Restaurant
- Club House
- Pro Shop



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FOR LADIES

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**GOBI**

MONGOLIAN CASHMERE

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LIFE IS  
**YOUR CREATION.**



# MENTORING & COACHING

*with*

*Golf Pleasure & Taste*



# HOW TO EMBRACE YOUR SENSES AND ENJOY LIFE WITH MORE PLEASURE

By [Angela Ramel](#)

It's time to embrace your senses so that you can enjoy life with more pleasure, by feeling comfortable in your own skin!

We now know why feeling comfortable in our skin is so important to our growth as unique, vital and sensual human beings.

It's about expanding our awareness of life and experiencing greater levels of joy. It really should be a goal in and of itself. In this article I'm going to talk about tangible ways to embrace your senses and how to wake them up.



## How can I embrace my senses?

- First become very quiet inside. It's important to eliminate distracting thoughts and worries. We spend too much of our lives worrying about the future or reminiscing about the past. It clouds our ability to perceive the here and now.

- Try to cultivate mindfulness, increasing the amount of quiet in your body and mind. You can do this through meditation, prayer or deep breathing exercises. Any level of quiet that you can achieve will be helpful.

- Focus on one particular sense. At least at first, focus on building your awareness of one or two specific senses only.

- Each of the senses align with a way of processing information. Intellectually-oriented individuals actually are quite discriminating when it comes to visual perception. More emotional people respond more to sound.

- Decide which sense you respond strongly to and would like to embrace.

- With that sense connect to a particular sensation. Close your eyes and try to pick out a particular sound or look very closely at a rose petal, for example. You could even focus on a particular sensation within your body, a tingling in your fingers.

- Using your chosen sense, continue focusing on the sight, sound, feeling, smell or taste allowing it to fill your awareness completely. If it's a bird chirping in the distance, focus on that sound until the bird sounds very near.

- Savour your perception by "swishing it around your mind" and your other senses. Allow the sensation to erupt inside your brain and cross-pollinate. Sounds may create visions, textures may suggest tastes.

- Delay thinking or labeling as much as possible, so that when your feelings do speak the words, they come from the heart, not the mind. But

don't be concerned if words don't come easily. Language is not always necessary nor pertinent to our subjective reality.

By following the suggestions I've listed, you will slowly deepen your embrace with your senses and realise that there's an entire range of joy to be found there.

## Curious? Then let's dive deeper. Why and how focus works?

I cannot stress enough the importance of focus for living less in our mind and more in our body's senses. The quantity of information out there and the speed at which it can be transmitted represent a huge challenge for us, as we try to process it. The truth is, we simply cannot keep up.

In fact, the more sensory input we come across, the less information we actually derive from it. Through focus, we seek to train our senses to derive the maximum amount of information and joy, by focusing on the things that matter to us.

## ENJOYING THE SENSES

So let's try out our new found deliberate use of our senses. We can call this deliberate use: Enjoyment. But it really doesn't matter what you call it.

### SIGHT

As we first focus on just looking into a sunset and breathe deeply, we slowly allow our awareness to encompass our other senses, and it becomes a symphony of light, color, touch and sound as well.

### SOUND

Like light, sound travels in waves. But, unlike light, the movement of sound in regular, repeating patterns is so pleasing to the ear that it quite naturally draws us in, making focus to all the other senses almost automatically.

So go and listen to your favourite song, close your eyes and enjoy. Maybe you feel the urge to get up at one point and move your body to it...



## TOUCH & SMELL

Sometimes, however, it's the everyday pleasures that we really need to embrace more. We use touch so automatically and intuitively to soothe ourselves that we aren't even aware of it a lot of times.

Next time you are taking a shower to relax, close your eyes and go deeper into the pleasurable sensation of the water hitting your body. Expand that pleasure until you can feel it coursing throughout your entire body.

Then let that sensation combine with the sound of the water and the smell of the soap. It's almost as effective as getting a massage.

In fact, we tend to associate pampering with our ability to feel through the skin, whether it be a gentle breeze from a rotating fan, newly washed sheet or a relaxing bubble bath. Going deep into our sense of touch, seems to elicit an awareness of the scents that go with those textures.



## TASTE

Taste can be one of the most sensual of the human senses. Unfortunately, we often don't embrace it. Instead we gulp things down due to compulsive eating, stress, and other psycho-emotional triggers.

This is one of the areas where a deliberate use of one's senses can really change the dynamic.

It begins with both the nose (your sense of smell) and your tongue (sense of taste). But when eating, I really think the slower the better. So why not use all your senses and make it into a true ritual? Take time to look at each piece of food that goes in your mouth, play with it, sniff it. This should not only be allowed. It should be encouraged.

Make sure the radio and tv are turned off,

however, then close your eyes and savour the juiciness of a piece of fruit or the crunchiness of your granola. Savour every bite as if it was the last piece of food you would be eating for a while.

After you've savoured it for a while, pause until a visual image of yourself enjoying your food appears in your mind's eye. See yourself with a big smile on yourself. Only then should you swallow.

## SENSUAL PLEASURE

If we wait to enjoy life with all our senses, eventually we run out of opportunities.

The simplest experiences can trigger exquisite feelings in the body, often accompanied by waves of relief and deepest gratitude. A gentle breeze, the scent of night blooming

jasmine, soft sheets against the skin, the taste of a ripe peach, raindrops on one's face, the compassion of a healing embrace, or a lover's touch—all are registered within our sensuous and remarkable vessel, the human form, and it's spiritual co-heart, the Soul.

Why should we wait until that happens?  
Why not listen to the music you love?  
Why not spray a favorite scent on your pillow?  
Why not take time out of your busy day to go get a massage?  
Why not call that friend just to listen to the sound of his/her voice?



## Am I advocating pampering yourself?

Yes, absolutely, we are sensual beings and sensual pleasures are what keeps our life force energy and creativity flowing!

*Angela Ravel*

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## THE POWER OF RETREATS: ELEVATING YOUR PERSONAL AND PROFESSIONAL JOURNEY

In the fast-paced world of luxury lifestyles and high-stake business ventures, it's easy to become engrossed in the daily grind. The constant demands and challenges can often lead to burnout and a sense of disconnection from one's true purpose. That's where retreats come into play, offering a transformative escape from the ordinary.

### THE NEED FOR FULL IMMERSION

Renowned life coach and business strategist Tony Robbins once stated, «We need at least once a year a full immersion, an experience where we go all in day and night for at least a week.» This wisdom is a testament to the importance of retreating from our daily routines, allowing us to immerse ourselves in personal and professional growth. These immersive experiences provide a break from the ordinary and allow participants to delve deeply into self-discovery, skill development, and rejuvenation. By dedicating a substantial amount of time and energy to a retreat, individuals can accelerate their personal and professional evolution.

### MULTIPLE DIMENSIONS OF RETREATS

Retreats come in various forms, offering opportunities for life coaching, business coaching, or a blend of both. What they all have in common is the opportunity to disconnect from the usual environment and fully engage in activities designed to stimulate growth and well-being.

One such example is the «Personal PR Retreat,» a series of retreats that have been making waves in the world of global entrepreneurship and networking. These retreats, hosted by yours truly, provide a unique platform for participants to recalibrate and enhance their personal and professional journeys.

### THE PERSONAL PR RETREATS

The «Personal PR Retreats» offer a distinctive blend of life coaching, personal branding, thought leadership, media relations, networking, and high-ticket business — all in the backdrop of stunning locations. The most recent retreat took place on the captivating shores of Lake Como in August, and it was nothing short of transformative for the twenty entrepreneurs that attended all the way from four continents.

However, the importance of these retreats extends beyond their picturesque settings.

The upcoming retreat, set to be held in Zurich in January, aligns perfectly with the World Economic Forum, creating a valuable opportunity for individuals to prepare for the event with a focus on personal branding and networking. This immersive experience equips participants with the skills and mindset necessary to thrive in such high-stakes environments.

In the months to come, participants can also look forward to «Personal PR Retreats» in Singapore in May, a return to Lake Como in August, and a promising addition in Dubai in autumn 2024.


### ELEVATE YOUR JOURNEY WITH IMMERSIVE RETREATS: A TRANSFORMATIVE TRADITION

The significance of retreats in one's personal and professional journey cannot be overstated. These immersive experiences offer a chance to step back, gain perspective, and invest in personal growth. Whether it's life coaching, business coaching, or a combination of both, a retreat provides the ideal environment for introspection and learning.

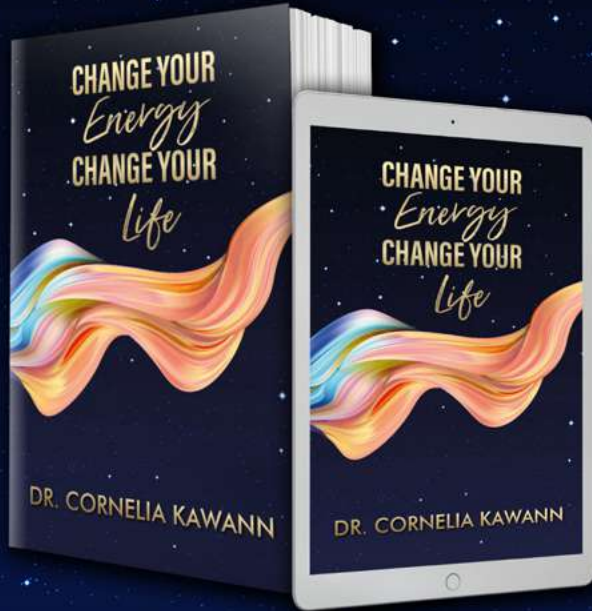
So, if you're seeking a transformative escape, consider making a retreat an annual tradition. The world's elite have long recognized the value of full immersion experiences, and it's high time you did too.



*JFab*  
PERSONAL PR

CONTACTS:  
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# Out Now!



CHANGE YOUR ENERGY  
CHANGE YOUR LIFE  
BY CORNELIA KAWANN

Get your copy of  
«Change Your Energy  
Change Your Life»  
here:



How changing your energy can change your life  
Why there is so much more behind your physical energy

Do you experience that despite the fact that you are really looking after your body there are moments when you feel exhausted and drained and you are having health issues?  
Even though you are spending time on the golf course and train your body?  
Event though you are eating a lot of healthy food and you are rather restraint with alcohol?  
Even though there are nights you are going to bed early to get enough sleep?

I feel you. And for a long time, I experienced the same.

The reason behind is, that your body and your physical energy is only one part of the equation. In order to live your full potential, you need also to raise the levels of your energetic, emotional, mental and spiritual energy. Your physical energy is your most fundamental one, because it is the foundation for all the other energy levels and the basis of your wellbeing. But feeling powerful and at ease in life needs to consider also being in line with all energy levels. Hence, if you are ready to go all in and change not only your physical conditions but your life in general, then **“Change Your Energy – Change Your Life”** is the perfect guide for you.

#### What is Personal ENERGY MANAGEMENT?

Assume that your personal energy is a little bit like your bank account.  
According to the Traditional Chinese Medicine (TCM), you are born with a certain amount of Qi – your personal energy - with which you could live 100 to 120 years. Sounds great, doesn't it? Don't we all dream of longevity and want to become healthy 100 years old? This personal energy is your starter (energy) capital. And similar as with your bank account, it is up



to you to grow your energy or go into debt. It is up to you how you manage your energy – similar as you do with your bank account, right? There you also have some fixed debits and cost you have to cover every month, e.g. for your rent, food, insurances and everything you need for your daily life. On the other hand, you go to work or run your business to obtain your salary with which you can cover these continuous streams of money outflow from your bank account.

Same happens also with your personal energy. Your day is stressful. You breathe in stale office air, you breath shallowly because you are stressed. You are in a hurry and there are still so many things on your ToDo list, so you eat some convenience food which contains almost no energy. A few coffees got you through the day in good spirits. You are looking forward to a lazy evening on your couch in front of the TV, so there is no time for exercise. Afterwards you fall asleep late but your sleep is restless. On such days you are not nourishing your energy. With our busy lifestyle we often spend energy or use energy that we actually don't have. You can always do that for a short period of time, but if you do it over a longer period

of time, your body will eventually present you the bill.

### How can you manage your energy?

That's why it is so important that you take care of your energy account. It makes such a difference when you know what sustains your energy and what you are using your energy for. Every day! Because in each second, whatever you are thinking or doing you are trading your personal energy against something else.

That's why I got started using Personal Energy Management in my daily life. I experimented, increased, protected, shifted, healed – yes, simple started managing my own energy.

In the book **"Change Your Energy – Change Your Life"** I am sharing all my powerful Energy Hacks with which you can manage your energy within five minutes – without any meditation, wherever you are and whenever you need it.

And that is exactly what I do now when I need to wait, for example at the cashier or at the bus stop. I check in with my energy, I recharge my energy, without anybody noticing it. And when it is your turn at the cashier, you are relaxed and calm and full of energy, so you can smile and wish her a wonderful day. She will be very grateful for that. is the beauty of Personal Energy Management. You have everything with you – you just need to get started and do it.

### Being a high energy person

No matter what you do or think, your energy is omnipresent. Your energy is the perfume to everything you are doing. That's why Personal Energy Management is the shortcut to personal development and being in the flow.

With an overflow of energy, you experience evolving possibilities for success, relationships, health, and wellbeing. You feel guided in the right direction and this may make you perceive life is not as hard on you as it used to be to me. When you are guided by your energy and you are following, everything is more in flow.

And best of all: you have the energy to execute many of these evolving opportunities. Yes, you can choose! Your whole life changes when you have more energy.

For me it is constantly amazing that within half an hour you can shift a situation from which a person has suffered for years, simply by using Personal Energy Management. And if you are curious now how this works, read the book!

### What's in the book?

If you want to lead a more fulfilling and impactful life whilst having the freedom, empowerment and (unstoppable) energy to reach your true desires, then trust that you've found this book for a reason.

In this captivating book, Cornelia combines intriguing scientific insights with powerful energy exercises which take you on an exciting journey of unveiling your unique energy. With this unique two-fold approach, you will be able to confidently embrace new opportunities without needing to become a new person or developing a new mindset.

Unleashing your energy enables you to lead a different life whilst making a difference in the life of so many others. You can start today to create a new tomorrow!

Cornelia will guide you to discover your own world of energy so you too can Change Your Energy to Change Your Life.

### Who is Dr. Cornelia Kawann?

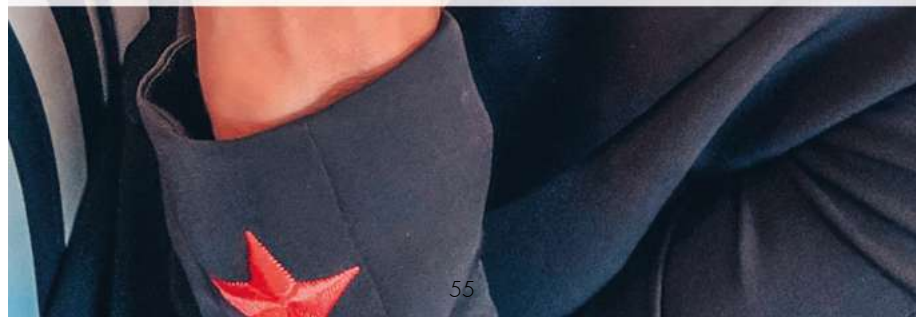
Dr. Cornelia Kawann is an executive in the Swiss electricity regulator, the founder of energy-on! and international bestselling author of **"Change Your Energy – Change Your Life"**. As a Personal Energy Strategist, Cornelia empowers busy exec-preneurs to use their full energy and thrive in their career and business.



Stay connected:  
@ cornelia\_energy\_on



*Chantelle*  
— jewellery —





On September 30, 2023, the fifth edition of Luxembourg Fashion Week took place, which invited creators, stylists and fashion enthusiasts to discover new trends.

DOS SANTOS, \*BIANCANEVE BRIDAL BOUTIQUE

Represented this year by 10 national and international designers, personally selected by the founder and organizer: Fabiola Puga.

Emblematic and annual event, dedicated to haute couture, ready-to-wear, upcycling and social responsibility projects – in the presence of Prime Minister Xavier Bettel, and presented by the talented Nathalie Reuter.

\*HUMAN HIGHNESS, \*FRANCINI K, \*WALKING IN CUSTOM, \*YANIS MILTGEN, \*AWKA, \*MALEK GHENI, \*LA RENA, \*NO.RAINER, \*CATIA

LUXEMBOURG FASHION WEEK





# HUMAN HIGHNESS

Human Highness is a luxury sustainable womenswear brand that celebrates balance, creativity, and timeless beauty in simplicity. The brand was born out of the friendship of Tessa Antony De Nassau and Milli Maier.

Milli Maier is a multidimensional artist and an award-winning designer. She is one of the founders and the artistic director of the sustainable fashion brand Human Highness. Milli is driven by a mission to empower women and firmly believes in natural living concepts. She constantly reinvents ways to envision art to foster a future based on creating meaning, depth, and connection between humanity and nature.

Tessa Antony De Nassau, born in Luxembourg.

From the battlefield to the royal halls and directly under the media spotlight, Tessa shone as a Director for several business ventures. In 2018, she unveiled the jewel of haute couture, «Human Highness,» which celebrates today with all of you a new collection: The «Je vois toi» Collection.

We have many ways to be connected to each other, but most of the time, we miss the true connection where we listen and see each





other's true selves - soul to soul, connecting on a deeper level. The «JE VOIS TOI» collection is a grand celebration of different talents and their union into a collective work of art - a suspended moment where we truly see ourselves. By combining talented craftsmanship, unique fabrics, and a unique thread throughout this collection, it emerges as an exhilarating dream of being. An artistic outfit that tells a story about seeing oneself and, therefore, seeing others - We, women, are the ones who dare to assert and express ourselves and are not afraid to push the boundaries. A woman of elegance with the heart of a lion. So, we spotlight the courage within us by leading our own lives on our own terms.

Fashionistas, luminaries, and distinguished guests, let's roll out the red carpet for the incomparable Milli and Tessy of Human Highness.



Photographer: Johanna Hudyka  
Credits «Tapsmoments»  
[www.human-highness.com](http://www.human-highness.com)



BUY ONLINE: <https://editions-schortgen.lu/buch/theodor-grace-discover-luxembourg-tessy-antony-de-nassau/>



## Tessy Antony celebrates her debut as a children's book author

Tessy Antony-de Nassau Floessel, how long did it take until the idea for your book finally became reality?

18 years! I already wanted to write the book for Gabriel. The idea behind it was that my child or my future children would develop a connection to Luxembourgish culture and the traditions and peculiarities of the country from an early age. And do it in the most playful way possible. Here I'm thinking, for example, of Kachkéis - things that make us Luxembourgers say: «Exactly, that's how it is!» These things are also important for expats or the many cross-border commuters who commute to Luxembourg every day. Many of them give birth to their children here in the country, so their identity is automatically intertwined with Luxembourg.

How much personal work actually goes into the book?

Tessy Antony-de Nassau Floessel had the idea for her children's books during her first pregnancy.

Photo: Chris Karaba



I not only wrote the story, but also painted it according to my ideas. Of course, I had to limit the content very much because the books only have ten pages each. However, I'm not a good illustrator, so Eglantine from Editions Schortgen thankfully drew the whole thing again «nicely». At the center of the story are my son Theodore and the fictional character Grace, although surprisingly the two characters actually resemble my son and my goddaughter, even though the illustrator had no idea what they looked like.

Now you live in Switzerland yourself – to what extent are Luxembourg peculiarities reflected in your everyday life? Do you have the fridge full of Kachkéis and Andalouse sauce?

Andalouse sauce for sure! (laughs) We always have Kachkéis in the fridge and Träipen in the freezer – I love them! The Luxembourg flag also hangs in our garden and the national holiday is duly celebrated with friends. In terms of language, Luxembourgish is of course also reflected in my little son. He thinks the word "Méck", for example, is great. And my husband now speaks Luxembourgish better and better.

How does your husband feel about the concentrated load of Luxembourg?

He likes it. He used to study with Luxembourgers at ETH Zurich and is still in contact with some of them to this day. He has therefore been enthusiastic about the mentality of the Luxembourgers for a long time. He thinks they are very intelligent, innovative people who can get things done - and also like to have a drink. He also really enjoys coming to Luxembourg, not least because my parents spoil him to the core there.

Speaking of Luxembourgish: What do your sons Gabriel and Noah, who grew up in London and still go to school there, speak?

I only speak Luxembourgish to them. Although they speak a lot of English – mainly among themselves. In the end, children choose their own language if they have several at their disposal. They speak French with their father and German with my husband, which they chose as a subject at school out of respect for him.

Interview "Discover Theodor and d'Grace Lëtzebuerg" Luxembourg word

# 5 SENSES

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SIGHT: ART DISCOVERY THROUGH THE EYES OF ELENA KUPREVA



HOST:

Your success in the networking world  
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# G



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## NATURALBOOM

Ideata da Andrea Campagnolo, sportivo NaturalBoom

Designed by Andrea Campagnolo, a sportsman and tireless worker, NaturalBoom was born from the need to replenish and hydrate in a healthy way while practicing sports and at work. «Il Campa» initially began to prepare infusions in thermos with various ingredients with specific properties, including ashwagandha, one of the most powerful plants for combating stress, fatigue and difficulty concentrating. The study of all the nootropics available in nature began from this plant. Day after day, he added ginger, yerba mate and papaya, as well as sea buckthorn and green tea, creating a natural cocktail rich in vitamins and adaptogenic properties. Over time, after many readings and discussions with nutritionists, sports psychologists and mental

coaches, the recipes have been optimised, with a consequent improvement in benefits, by mixing various natural extracts. The experimentation started with friends and acquaintances from the sporting, professional and academic world. NaturalBoom is the first Mental Drink in the world that benefits from the regenerating properties found in nature to relieve mental fatigue and improve cognitive abilities without any contraindications for the body. The goal is to become a real lifestyle to nourish the mind with a new and sustainable vision of drinking, respect for the body and the planet. NaturalBoom is present on the market both in cans and in the practical resealable glass bottle.

## INNOVATION

NaturalBoom is truly a new way of drinking: the first Mental Drink that gives well-being to mind and body. It can be drunk

either hot, like a herbal tea, or cold. It is designed for athletes, artists, entrepreneurs, children, suitable for celiacs and vegans and in general for all those who love natural products and who take care of their psychophysical well-being.

It places itself on the market as the standard-bearer of Love for one's mind, one's organism and for the planet.

An infusion of the best selections of plants, fruits, leaves and roots which, as they were born in compliance with the times imposed by nature, will equally instill notable benefits in people.

## THE PLUSES OF NATURALBOOM

100% natural composition

Consciously structured thanks to a recipe balanced between a selection of natural ingredients, nootropics, adaptogens and vitamin B5.

Without taurine, caffeine, nor added carbon dioxide, alcohol, refined sugars, artificial colors and preservatives

## HOT & COLD

It is the first functional drink that can be taken hot as a regenerating herbal tea and cold as a thirst-quenching tonic. Its seasonality is therefore 12 months.

## GREEN

Completely natural and healthy, it has BRC, IFS, VeganOk and AIC (Gluten free) certifications. Plastic free primary packaging.

## NATURALBOOM'S MISSION

NaturalBoom is the first Mental Drink. A series of natural infusions capable of improving mental well-being. They are all drinks that benefit from the adaptogenic and nootropic properties

of 100% natural extracts, immediately available to the body, with respect; they have the unique feature, Hot&Cold, of being able to be drunk both hot like herbal teas and cold.

Create a new global product category in the world of health drinks: The 1<sup>st</sup> Mental Drink.

## NATURALBOOM'S VISION

The first Mental Drink with the range of products and projects developed with NaturalBoom aims to raise the bar of attention to one's own mental well-being and that of the planet.

NaturalBoom wants to be the interpreter and promoter of a real lifestyle that nourishes the mind for a new dimension of drinking and living in balance and harmony. Use your head, make your choice!



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# K7 KREATIV WERKSTATT

MAKE IT SIMPLE, BUT SIGNIFICANT  
*Don Draper*



How long have you been doing this work and where do you find inspiration?

I have been a graphic and web designer since 2005 and work internationally (London, Toronto, Liechtenstein, Switzerland, Austria). Since 2020 I have also been offering laser cutting and engraving design for even more design and technical diversity.

I find creative inspiration in nature, art, culture and while traveling.

What services can you offer your customers?

- From design, consulting and concept development to implementation (Print, laser cut and engraving design)
- Graphic design
- Web design & social media design
- Laser cutting and engraving design: Sustainable and regional products that we

produce directly in-house:

Wood, cork, paper, felt, glass, acrylic, slate, aluminum and stainless steel with metal markings, etc. personalized and elegant, depending on customer requirements.

What are your future projects?

In the future, I will provide my existing customers with additional ideas and products. Due to my design and technical capabilities, I can also respond to many new, special and personally tailored creative customer requests, the challenge of which I am looking forward to.

Show us some creations

Customer projects with laser cutting and engraving designs are shown.



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## ARTIFICIAL INTELLIGENCE: GROWTH OPPORTUNITIES FOR SWITZERLAND AND ITALY

Great success with the public for the event on the opportunities offered by AI to business development. The event in Lugano hosted CEOs and managers from Ticino and Italy

We find ourselves faced with the «industrial revolution» of our millennium and for this reason we cannot be caught unprepared. This is one of the messages conveyed to the audience of Italian Swiss Managers and CEOs by the speakers who spoke at the event on Artificial Intelligence organized in Lugano by the Italian Chamber of Commerce for Switzerland in partnership with the Italian Embassy in Bern, the ICE Agency and with the support of Ceresio Investors, Pini Smart engineering, Atc Suisse-Anzani Group, InformatiCH.

It was the Ceresio Investor headquarters, in via della Posta 7, that served as the setting for the conference which was also broadcast via streaming to respond to the numerous requests for participation.

A moment of in-depth analysis that allowed the business ecosystem of Ticino and northern Italy to understand how to make the most of the potential of AI offered to all production sectors, without being swallowed up by «false myths» or fear of the future.

After the initial greetings, it was the Italian Ambassador to Bern, Gian Lorenzo Cornado, who took the floor, underlining how these events are indispensable for sharing experiences and projects, but also for making the most of the potential linked to collaboration between Switzerland and Italy itself. In fact, the Canton of Ticino represents the third innovation hub in Switzerland, with Lugano being its «capital».

It was Fabrizio Macri, General Secretary

of the Italian Chamber of Commerce for Switzerland, who underlined this fundamental concept, explaining the importance of creating a network of skills and networking new knowledge to create win-win operations between Italy and Switzerland.

Collaboration is also the main theme for ICE. The director of the ICE Office in Bern, Samuele Porsia, introduced the topic of Italy as a «destination» for high tech and innovation topics.

Italy and Switzerland are also united by the theme of added value, well explained by Gabriele Corte, General Director of Ceresio Investors. They are two nations that produce very high quality goods and services that must be conveyed in the best possible way to the market and stakeholders.

The Dalle Molle Institute is based precisely in Ticino, represented at the event by Luca Gambardella, Professor and Vice-Rector of the University of Italian Switzerland who explained how we have been talking about artificial intelligence since 1956 and that in recent decades we have always tried to create «machines capable of learning from data and therefore supporting Man, who will always be at the center of every decision-making process.

Ethics and philosophy therefore meet and support the understanding and most appropriate use of AI. Finally, it was Paolo Pinto, Director of AI Development - ATG -



Anzani Group, who shed light on the way in which robotics can help us and support us in all business processes from production to the provision of services.

The event, hosted by Marina Bottinelli, Innovation Manager of the Italian Chamber of Commerce for Switzerland, closed with a moment dedicated to questions and

networking among the participants, satisfied for having learned something more about the innovative solutions offered by AI to the production chain for data management and production efficiency.

Watch the video of the event:  
<https://youtu.be/UGHVSRcOCmA>



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## FROM NORTH TO SOUTH: THE FLAVORS OF ITALY ARE THE PROTAGONISTS OF AUTUMN IN SWITZERLANDSVIZZERA

Promote the territory also through the authentic flavors of the Bel Paese. The Italian Chamber of Commerce for Switzerland warms up the Swiss autumn and does so through a truly unique proposal of events: a journey throughout Italy tasting unmistakable flavours, observing vibrant colors and offering what can only be eaten in Italy. Thanks to the collaboration with the Lombardy Region, the Tuscany Region and the Calabria Region, it has launched three different projects aimed at making the Swiss population aware of the facets of these three very different territories.

Above all, it was the Week of Italian Cuisine in the World, now in its eighth edition, that created the perfect opportunity to talk about these Italian regions through their authentic flavours. From 13 to 19 November, Zurich, Geneva and Lugano turned the spotlight, each in a different way, on specific aspects of the three regions that asked the Chamber to act as spokesperson for their territory. If Geneva and Lugano have described Calabria through the cuisine of Italian chefs, active in Switzerland, who have interpreted it at their best, Zurich

has broadened its horizons by also focusing on the typical flavors of Lombardy and the strong ones of the Tuscan Maremma. A complex and varied calendar of food and wine events which was conveyed through a fresh and pleasant format created by the Italian Chamber of Commerce for Switzerland to enhance Made in Italy food among the Swiss population. On the initiative of the Lombardy Region, thanks to the collaboration of the Consulate General of Italy in Zurich, the CCIS organized a dinner in Zurich entitled «Taste of Lombardy», which attracted a large number of sector experts and operators interested in discover the authentic flavors of typical Lombardy agri-food products, but also of friends of the CCIS who wanted to touch and taste a tasty example of what the Lombardy Region produces in the Food & Wine sector. An exclusive evening which had, again in Zurich, two twins: the evenings organized in partnership with the Calabria Region and with the Tuscany Region which asked the CCIS to design a traveling masterclass to raise awareness of the best of the cuisine of the province of Grosseto. Calabria, on the

other hand, was the protagonist not only of the events organized as part of the Week of Italian Cuisine in the World but also of the most representative events of the chamber's activity in Switzerland: from the Gala in Geneva to the Christmas event in Lugano, up to the exchange of greetings among the members in Zurich. The typical dishes of this region have always been the backdrop: from 'nduja to cheeses, from aubergines proposed in various ways to bergamot, up to the prized Tropea onion. Representative products of the Region highly appreciated by the Swiss public: a way to travel without leaving your city. Events like these are also a resource for enhancing and involving local businesses such as restaurants, reception locations, Swiss buyers and retailers interested in typical Italian products and in promoting authentic Made in Italy throughout Switzerland.

The calendar of events organized by the Chamber for 2024 is already ready and constantly updated. To avoid missing out on the news, we recommend visiting the page <https://ccis.ch/insieme-eventi/>



Your success in the networking world

*Golf*  
pleasure & taste

# ANDERMATT



FOUR WORDS DESCRIBE THE SOUL OF THE VILLAGE:  
LUXURIOUS, NATURAL, MAGICAL AND MYSTICAL.

To get an idea of „Mystic“, you can first watch the video series „Mystic Mountains“ on the official website [www.anderlatt-swissalps.ch](http://www.anderlatt-swissalps.ch). Stories of enchanted mountains, of people who live there, love them and who have chosen sustainability and harmony between innovation and tradition as pillars of urban development.

Andermatt, the pearl of the Ursern Valley at 1,444 meters above sea level, has won its bet with the future without losing the ancient soul of a mountain

village. With the two hotels The Chedi Andermatt, for a luxurious stay and the Radisson Blu Hotel Reussen as the perfect base camp, Andermatt is the ultimate travel destination.

The Andermatt Reuss district continues to grow. In addition to the apartment buildings, there are shops and restaurants on the Piazza Gottardo.

Summer is just around the corner and there are great expectations. The multiple award-winning 18-hole

golf course „Best Golf Course in Switzerland“ with its spectacular mountain scenery allows you to play golf in a Scottish atmosphere and has quickly become one of the most sought-after in all of Switzerland.

Andermatt is located in the heart of the Swiss Alps. Andermatt Swiss Alps offers attractive opportunities for investors. The exceptional real estate, unforgettable mountain adventures and top gastronomy make Andermatt a worthwhile investment.



The development in Andermatt Reuss with the apartment buildings, restaurants and shops around the Piazza Gottardo is progressing steadily. The state-of-the-art Andermatt concert hall offers first-class concerts and entertainment all year round. Those who come to Andermatt in winter will find pistes for every level in the ski area from Andermatt to Disentis: Professionals and freeriders can be found on the Gemsstock and families and sun-seekers will feel at home on the sunny mountain side from Andermatt via Sedrun to Disentis. The year-round destination of Andermatt is a small paradise in the Alps that has the right offer for every season and every type of guest.



The generously designed golf course is an integral part of the Ursern Valley. While it offers a welcome challenge for golfers, guests enjoy the nature reserves and the opportunity to observe flora and fauna.

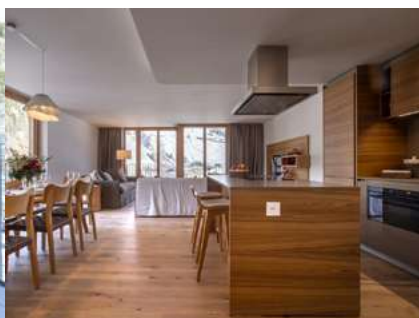
The Andermatt Golf Course lies between snow-capped mountain peaks on a plateau. It was planned with foresight and meets the highest ecological standards.

#### 18 hole-course

- Par 72
- 6127 m
- Driving Range
- Pitching Green
- Chipping Green
- Training bunker
- Pro Shop
- Restaurant
- Bar



**ANDERMATT GOLF COURSE**  
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 Reussen  
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THE CHEDI  
ANDERMATT, SWITZERLAND

2013  
2023  
A DECADE OF  
MAKING THE  
DIFFERENCE

## THE CHEDI ANDERMATT SWITZERLAND

### ALPINE, ASIAN, AUTHENTIC

The Chedi Andermatt will captivate and move you. With its authenticity, the unusual liaison of Alpine and Asian expression. Lifestyle at The Chedi Andermatt is the result of the successful mix of tradition and nature that is expressed in the resolute use of materials from the region. Star architect Jean-Michel Gathy combined Alpine chic with Asian features to create an interior design that oozes warmth and openness, an intimacy that is underlined by repeated design elements.



At the heart of the Swiss Alps, 1,447 meters above sea level, this exclusive hotel in Andermatt will captivate your imagination with its 123 elegant rooms and suites, four outstanding restaurants and bars, a modern Health Club and exceptional spa area. The Chedi Andermatt offers a glimpse of another world and views of an unforgettable piece of Switzerland.



**THE CHEDI**  
ANDERMATT, SWITZERLAND

**2013** A DECADE OF  
**2023** MAKING THE  
DIFFERENCE



## ROOMS AND SUITES

Dream away in The Chedi Andermatt in one of the 117 rooms & suites. And allow yourself to be spirited away to an Alpine/Asian world by the look of dark wood, soft leather sofas and gentle colours.

## RESTAURANTS

The Chedi Andermatt represents exceptional luxury and service. But also dining at the hotel makes a clear culinary statement. Choose from four different exquisite offers and indulge yourself in the world of perfect taste.

## THE SPA AND HEALTH CLUB

Immerse yourself in our world of calm and relaxation. On 2,400 square metres, we provide you with an integral spa and health concept which makes us one of the most attractive wellness hotels in Switzerland. We will impress you with our generous pool and sauna area, the Tibetan Relaxation Lounge as well as Far Eastern treatments customised to suit your personal needs.



THE CHEDI ANDERMATT  
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## THE TWINS SATO & TOFFOLON COOK JAPANESE WITH A MODERN TWIST



“Ichi-go ichi-e” is the Japanese art of living every moment. This “yojijukugo” opens the menu of the twins and new Executive Chefs of The Japanese Restaurant (2 Michelin stars, 17 Gault-Millau points) and The Japanese by The Chedi Andermatt (1 Michelin star, 15 Gault-Millau points). Since May of this year the twins have been unfolding their culinary skills and creativity in The Chedi Andermatt, lifting the Japanese statement cuisine of this five-star deluxe hotel to a new level. Painsstaking preparation techniques at the highest level, excellent ingredients and a pinch of creativity mark their first omakase menu, which is currently tickling diners’ tastebuds. Whether Balfego Tuna, Royal Dove, Wagyu or their signature dish of Black Cod and Yuzu Miso Sauce, the twins bring a modern twist and culinary lightness to Andermatt tables. The new dream team is complemented by native Japanese Yoshiko Sato, who is married to Dominik Sato and is now responsible for the restaurants’ patisserie.

Since May 2023, Schaffhausen-born twins Dominik Sato and Fabio Toffolon have been the Executive Chefs of these two fine-dining restaurants where for the first time the talented twins are running a restaurant operation together. Born in 1989, they not only represent the young generation, they also embody The Chedi philosophy



of Alpine and Asian culture. The culinary concept of the two fine-dining restaurants with their authentic Japanese cuisine remains unchanged under the twins’ aegis. Thanks to their well-filled backpacks of expertise, passion and creativity, they have taken the cuisine to an even higher level. Both Sato and Toffolon worked in leading

positions with the best chefs in Switzerland and Europe before coming to set their joint mark on the cuisine of this five-star deluxe hotel.

#### Taste the difference: Fine Japanese dining in a modern interpretation

“Balfego Tuna with Daikon, Mioga and Shishito Pepper,” “King Crab with Finger Limes, Dashi and Peas” and “Shiitake Essence with Enoki and Edamame” are among the twins’ first creations. “We tweaked, tasted, experimented, discussed, perfected and then threw out entire flavour combinations, until we could 100 percent stand behind our joint premiere menu,” says Dominik Sato. “We’re all the prouder of our first complete culinary work of art,” adds Fabio Toffolon. Highlights include the “Shidashi-Bento Lunch” and the “Omakase Menu” in The Japanese by The Chedi Andermatt at 2300 metres above sea level, and the four- to six-course “Modern Omakase Menu” in The Japanese Restaurant. “Omakase” means “trust the cook,” and diners can, as they experience the chefs’ fine sense of Japanese cuisine in the exquisite care with which the components are placed on dishes, and the love of detail that goes into the presentation. The flavour bespeaks the perfected passion for unusual dishes and first-class product quality that is so important to the twins in sourcing the ingredients. The twins are currently intending to lead both fine-dining restaurants jointly, since they enjoy working together in the kitchen where they complement and enrich each other. Every quarter year guests can look forward to new menus based on the season, naturally excepting when the twins have a new spur-of-the-moment umami idea.

#### A family affair: Yoshiko Sato in charge of patisserie

The Chedi Andermatt has achieved another coup in patisserie. Dominik Sato’s wife Yoshiko Sato is from Japan, and it is she who is responsible for the twins’ passion for Japanese culture and cuisine that has influenced their dishes for many years now. A very talented and successful pa-



tissière in her own right, Yoshiko Sato has now followed her husband and brother-in-law to The Chedi Andermatt. She takes her place in the new dream-team, and is responsible for patisserie in The Japanese and The Japanese by The Chedi Andermatt. With her long experience in high-end gastronomy – including in the restaurant of The Dolder Grand Hotel and Victor’s Fine Dining by Christian Bau – she gives the sweet creations of this five-star deluxe hotel a touch more Japanese authenticity.

THE CHEDI  
ANDERMATT, SWITZERLAND

2013  
2023 A DECADE OF  
MAKING THE  
DIFFERENCE

# THE CHEDI

## ANDERMATT, SWITZERLAND





# THE CHEDI

ANDERMATT, SWITZERLAND

## IT'S WINTER TIME AT THE CHEDI ANDERMATT

Brand new: The Dome for private culinary experiences under the stars and exclusive ski masterclass with Didier Cuche.

Andermatt, October 23, 2023 - Imposing natural scenery, powder snow, fresh mountain air and icicles hanging from the roofs and glistening in the sunlight - The Chedi Andermatt puts winter paradise at the feet of its guests and knows how to create unforgettable moments. Nestled in the charming mountain village and located right next to the piste to the largest ski area in Central Switzerland, Andermatt + Sedrun + Disentis, the 5-star deluxe resort will delight guests this winter with particularly magical experiences in the pretty The Winter Village, including the new «The Dome» for private hours of indulgence under the stars. Further highlights: The Chedi Bear Club for the youngest guests, horse-drawn sleigh rides on selected dates, Andermatt Music concerts, as well as the HEAD Ski Masterclass with Didier Cuche on February 2 and 3, 2024.

[www.thechediandermatt.com](http://www.thechediandermatt.com)

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# THE CHEDI

## ANDERMATT, SWITZERLAND

On 16 December 2023, The Chedi Andermatt will kick off the winter season and this year, too, it knows how to skillfully set the scene for winter at 1,447 meters above sea level. In the heart of Switzerland, Asian-inspired elements meet Alpine chic and come together in an architectural masterpiece. The casual interpretation of luxury and authentic hospitality are palpable - from the 2,400 m<sup>2</sup> spa to the most exciting hotel bar in Switzerland to The Restaurant with 15 GaultMillau points, The Japanese Restaurant with 2 Michelin stars and 17 GaultMillau points and The Japanese by The Chedi Andermatt on the Gütisch with one Michelin star and 16 GaultMillau points. A combination

that makes the 5-star deluxe hotel «Different to all». And it has been doing so for ten years.

### **The Winter Village: The Dome for private culinary experiences under the stars**

Relax, stroll, enjoy or simply be. The spacious The Courtyard of the 5-star deluxe hotel is transformed into a small, pretty winter village during the cold season. Built simply and with lots of wood in the Chedi style, guests stroll along snow-covered paths through a magical winter landscape and feel like they are in a winter forest thanks to the dense and tall fir trees. You almost forget that you are at The Chedi

Andermatt. In the middle of the real fir forest with small clearings, guests will find the traditional The Chalet, The Kota for intimate culinary moments, a lively village square and a hidden Finnish barrel sauna. And the latest highlight in the authentic winter landscape: The Dome. A 30 m<sup>2</sup> glass cube for enjoyable hours under the stars. In this almost magical space, you can get together over a drink, dine or enjoy an after-snow aperitif in a private atmosphere. The Winter Village will be available for private events from November 2023. By mid-December 2023 and depending on the weather conditions, it will gradually open for full seven-day operation for hotel and external guests.





### HEAD Ski Masterclass: Off to the slopes with Didier Cuche

The Chedi Andermatt and HEAD have enjoyed a successful partnership for many years. Now, on February 2 and 3, 2024, they are hosting an exclusive Ski Masterclass with the 2009 Super-G World Champion and HEAD brand ambassador Didier Cuche. The winter dream team ensures perfect conditions from arrival to farewell: The Chedi Andermatt stands for first-class service and excellent culinary moments. HEAD is responsible for ski equipment perfectly tailored to the needs of guests, while 21-time World Cup winner and HEAD brand ambassador Didier Cuche takes on the role of ski instructor in the largest ski resort in Central Switzerland. How do you make the perfect carving turn in the snow? What is the ideal downhill squat? How important is the optimum set-up and what needs to be considered when it comes to equipment? What is the pulse rate in the Streif start house? Skiing,

philosophizing, getting answers directly from the pros and perhaps learning some insights from the ski circus - there are also plenty of opportunities for this during the Masterclass for experienced skiers at The Chedi Andermatt.

### The Sound of Andermatt: classical sounds and techno beats

Music is the program in Andermatt. During the cold season, classical sounds initiated by Andermatt Music make the hearts of music lovers beat faster and bring top-class culture to the highest concert hall in Switzerland. The Verve Festival, on the other hand, is almost a break in style. Techno fans will get their money's worth on December 9, 2023. Surrounded by the imposing mountain backdrop, top DJs will spin their techno beats and get the audience dancing and the snow melting at the one-day event.

### Horse-drawn sleigh rides and The Chedi Bear Club

Those who like things quieter and more leisurely should treat themselves to a tranquil horse-drawn sleigh ride. On selected dates in December 2023 and February 2024, you can once again hear the snorting of horses and the bells on their sleighs and chalets around Andermatt. A romantic way to discover the surroundings of the charming mountain village on two runners in a horse-drawn sleigh. Snuggled up in warm blankets and faux furs, you can literally float through the snow-covered landscape. Even the youngest guests will certainly not be bored at The Chedi Andermatt. From December 9, 2023, it will be «Fun, games and toys» at The Chedi Bear Club. An exciting entertainment program awaits the little ones, which will make their eyes light up.

# THE CHEDI

ANDERMATT, SWITZERLAND



## Golf at the Gotthard

Our golf course in Realp is shaped and built by weather and ice. A golf course that harmoniously adapts to the natural terrain and provides exciting and challenging sports. A golf course that turns golfing into an adventure in the midst of an imposing mountain world. Our place is most likely to be called the «alpine golf course in the world».

Something nostalgic please? The clubhouse is housed in a former army building. We offer the right menu for every occasion. Take a seat and let yourself be pampered in the restaurant or on the garden terrace.

9 Hole-Course



- Par 66
- 41.54 m
- Restaurant

## GOLFCLUB ANDERMATT REALP

Witenwasserstrasse 1  
REUSSEN, SWITZERLAND  
6491 Realp  
T +41 41 887 01 62



Our Planetary home in wintertime is profoundly beautiful. Layer upon layer of frozen crystals gently accumulate. With this mixture of wind, moisture and temperature the landscape is unspoiled and forever changing. From hour to hour, no one day, no one storm is the same as the last. Like a human fingerprint every new snowfall is truly unique.

Chris Garside



TEXTURE LIKE WINE. 2018

Christopher Garside was born and raised in New Zealand and moved to Switzerland more than a decade ago. After five years in Zürich Chris moved to Andermatt and since then has made quite a name for himself particularly with his mountain photography.

His black and white snow covered images are captivating and often resemble the gentle curves of a female form. His attention to details are subtle but after closer inspection more details often appear. His use of contrast between light, shadow and often unusual shapes evoke a hint of mystery and allure.

Since his arrival in Andermatt Chris has exhibited his work at Gallery Art87. Has collaborations with hotels such as The Chedi Andermatt, the recently opened hotel Grace La Margna in St Moritz and Cotten Club Andermatt.

His work can be viewed upon appointment at his studio, homepage, instagram account and locations throughout the village of Andermatt or the Grace Hotel in St Moritz.

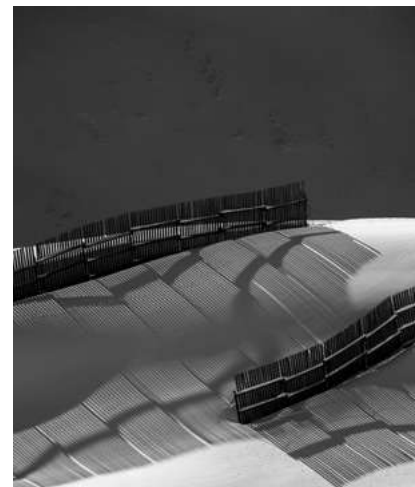


CHRIS GARSIDE  
PHOTOGRAPHY

CHRIS GARSIDE PHOTOGRAPHY AND STUDIO

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THE WAVE. 2022



SNOW FARMING. 2021

# A BOUTIQUE HOTEL SET IN THE ROLLING MEADOWS OF GSTAAD



**ULTIMA**  
GSTAAD

Gstaad is a pristine Alpine village that's somehow equally out-of-this-world as it is down-to-earth. To experience all its wonders, escape to undoubtedly one of the finest properties in Switzerland. At Ultima Gstaad, not a second goes unsavoured. Sink into your own uniquely designed suite or residence, reminiscent of a private chalet, to live in utter luxury and discretion. Year-round, the world's most discerning guests return here to experience the height of Swiss hospitality.

## ULTIMA GSTAAD

In its bid to continually surprise returning guests, the multi-award-winning, 5-star superior hotel Ultima Gstaad in the Swiss

Alps offers an amazing experience across its eleven newly designed suites. There are new, state-of-the-art technologies and bespoke interiors handpicked by the now fully in-house design team.

Guests staying in these eleven suites, and the previously renovated six private residences, can expect a highly personalised and discreet service while exploring the upscale town of Gstaad. Each one to two bedroom suite includes Baccarat and bronze furnishings, parquet flooring, luxurious king-size mattresses and retouched marbled bathrooms. It also sees the Ultima Gstaad Restaurant renovated to match the hotel's iconic lobby, together with a new seasonal menu.







successful summer season, I'm delighted to welcome guests back and introduce new ones to a refreshed concept. All those anticipating a stay in the coming months can expect exceptional."

A year-round location, Ultima Gstaad witnessed an increase in demand for bookings during summer season. As a result, the team extended their season to accommodate the influx in interest. This winter, guests will explore Switzerland's quintessential skiing village by day and return to Ultima Gstaad for tranquil wellness moments and elegant dinners in the evening.



Once guests have stepped into Ultima's world, they will also find a private cinema room and a place for children to play while their parents steal a moment to themselves. There is also the guest-favourite, Middle Eastern style Shisha Bar for parties. With rejuvenation always at the forefront of Ultima's offering, guests can put their comfort and health in the hands of world-leading medical professionals at its Swiss clinic and spa. Returning with new holistic and anti-aging treatments, such as cold 'cryotherapy' therapy, reiki and meditation, guests at Ultima Gstaad are also offered

laser treatment, detoxes and DNA tests — to name just a few.

Byron Baciocchi, Co-Founder of Ultima Collection, has said: "This season marks six years since the opening of Ultima Gstaad. With a fully in-house Ultima design team, we are now raising the bar by introducing a new design across our eleven suites and six residences for the upcoming winter season. Our mission is to surprise our guests at every turn; especially the most loyal of them." Simon Le Cossec, General Manager of Ultima Gstaad, has added: "After a

ULTIMA GSTAAD

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**ULTIMA**   
 G S T A A D



## ULTIMA COLLECTION ANNOUNCES THREE ULTRA-LUXE NEW OPENINGS ACROSS SWITZERLAND

October 2023 - Ultima Collection announces the addition of three new properties to its portfolio across Switzerland. Ultima Quai Wilson, is set to open in April 2024, Ultima Gstaad Promenade in June 2024, and Ultima Cologny in early Spring 2025, further solidifying the collection's strong presence in the country. Ultima Collection is delighted to announce the actual fixed openings as our teams work hard to respect these after strong demand from our clients.

Situated on the southwest shore of Lac Lemán, and set to open its doors in April 2024, Ultima Quai Wilson is a unique lake-side city break, boasting a modern

collection of five private full-floor apartments, representing the epitome of style in the heart of the city, blending period features and elegant contemporary design.

The five residences, ranging from three to six bedrooms, each offer full privacy and exclusivity, simultaneously with a five-star service. Each refined apartment is comprised of the finest of materials from Italy. The interiors offer subtle variation of palette and texture, with fine wooden flooring, rich textiles, and dramatic chandelier lighting, exuding warm earth tones and opulent touches throughout. Guests will enjoy the comfort of spacious bedroom suites, with master spanning more

**ULTIMA COLOGNY:** Ultra-modern in look and feel, the villas' clean lines open out to embrace inspiring Lake Geneva views with floor-to-ceiling glass



**ULTIMA COLOGNY:** Spectacular lake-side villas that embody sleek, sophisticated design and elevated contemporary living on a grand scale

than 26 square meters and affording lake views to match those to be enjoyed from the living areas. Additionally, the property boasts an indulgent wellness area including a jacuzzi, sauna, hammam, and two private treatment rooms.

In Gstaad, where the group started in 2016, and with a prime position right on the Promenade, Ultima Gstaad Promenade is set to be the biggest and most luxurious private chalet in the upscale village in June 2024. The chalet boasts an abundance of space over four floors, with eight-bedroom suites and a self-contained guest house with one bedroom, two expansive living rooms with a full wrap-around balcony and a mesmerising open fireplace. The property also counts with an entertainment area with a cinema, playroom, arcade, and a bar, as well as a wellness space with a spa, a sauna, an indoor swimming pool, and Hammam, for the mind, body, and soul.

The design and interiors of Ultima Gstaad Promenade are timelessly elegant, refined and yet cosy, reflecting Gstaad's pristine village marriage of elegance and simplicity. The finest materials have been curated and crafted to create a showstopping backdrop to welcome the finest of Alpine experiences,

with rich tones and textures to soothe and stimulate.

For early 2025, nestled in the greenery of Cologny, Geneva's most exclusive enclave, Ultima Cologny is comprised of two spectacular lake-side villas that embody sleek, sophisticated design, and elevated contemporary living on a grand scale. With an ultra-modern look and feel, the villas' clean lines open out to embrace inspiring Lake Geneva views with floor-to-ceiling glass. Built over three floors, the villa's gallery-like interiors are filled with the most luxurious of furnishings rich in texture, with a mix of marbles, leather, and wood in warming tones with glistening metal accents and sculptural lighting. The ground floor features an expansive 64 square meter living area filled with light and featuring landscaped internal patios connecting to a mesmerising 14-metre outdoor swimming pool, an open kitchen, and two en-suite bedrooms, with the remaining four en-suite bedrooms on the first floor. The basement floor features a full floor of wellness and entertainment, with a cinema, games room, bar, Hammam, sauna, treatment room and fitness room.



**ULTIMA GSTAAD PROMENADE:** Relax in two expansive living rooms with full wrap-around balcony and a mesmerising open fire



**ULTIMA GSTAAD PROMENADE** reflects this marriage with interiors that are timelessly elegant, refined and yet cosy



**ULTIMA GSTAAD PROMENADE:** The finest materials have been curated and crafted to create a showstopping backdrop to welcome the finest of Alpine experiences

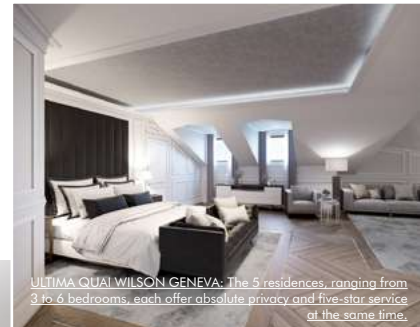
## ABOUT ULTIMA COLLECTION

Ultima Collection is a unique award-winning group of ultra-luxury private villas and residences, a 5-star superior hotel, resort, and spas, situated in the most sought-after locations in Europe. Founded in 2016 with the launch of its first property, Ultima Gstaad, the brand's vision is to disrupt commonplace notions of luxury in the hospitality sector for the next generation of travellers by creating unique experiences in exceptional destinations. Each Ultima Collection property incorporates its own design inspired by and in harmony with the surrounding landscape yet offers the signature Ultima Collection amenities expected from a five-star palace in the intimacy of a private residence, as well as remarkable services and exceptional guest experiences on demand. Following ambitious developments in 2020, the collection now includes not only ski resorts, but beachside and urban retreats as well, with a portfolio of unique properties in Gstaad, Crans-Montana, Megève, Geneva, Corfu, and Courchevel.

For more information, please visit <https://www.ultimacollection.com/en>

As per Ultima standards, all three properties benefit from the Ultima Signature Services, where guests are enabled to revel in the extraordinary living experience, personalised to their taste. Services are adapted to the property and the client's requirements for their stay. Commenting on the announcement, Byron Baciocchi, Co-Founder of Ultima Collection: "We are thrilled to announce the expansion of our portfolio in Switzerland, where it all started with Ultima Gstaad in 2016, with three new ultra-luxe properties across Gstaad and Geneva." "As a brand, we are on a mission to continuously elevate the traditional hospitality sector and set the trend in tailored, luxury living with ultra-luxury homes in exclusively prime locations. We look forward to welcoming the world's most sophisticated clients to Ultima Quai Wilson, Ultima Gstaad Promenade, and Ultima Cologny in the coming years." added Baciocchi.

**ULTIMA QUAI WILSON GENEVA:** Combining fine wooden flooring, rich textiles and dramatic chandelier lighting, each residence exudes sophistication and polish.



**ULTIMA QUAI WILSON GENEVA:** The 5 residences, ranging from 3 to 6 bedrooms, each offer absolute privacy and five-star service at the same time.



**ULTIMA QUAI WILSON GENEVA:** The property boasts an indulgent wellness area including jacuzzi, sauna, hammam, and two private treatment rooms



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TESSIN

PARKHOTEL  
**DELTA**

ASCONA SWITZERLAND

[www.parkhoteldelta.ch](http://www.parkhoteldelta.ch)



The year-round open Parkhotel Delta in Ascona is a hotel of superior standard, a small world of elegance and sophistication where hospitality, attention to service and familiarity prevail. The hotel distinguishes itself through a wonderful subtropical park and the services offered to the guests who arrive for leisure or business.

The location is quiet, surrounded by green, but in between the centres of Ascona and Locarno. All the region's major attractions like the Lago Maggiore, the

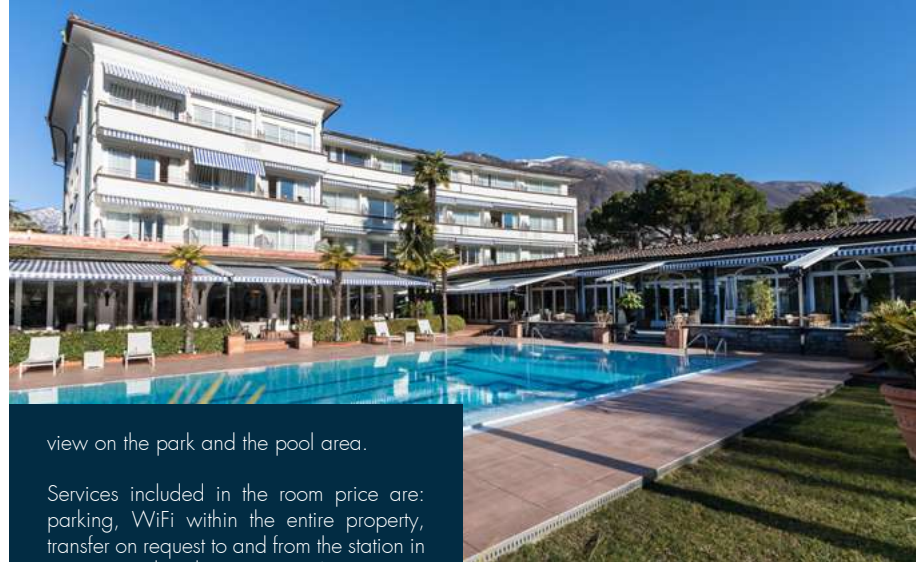
Verzasca valley and the Maggia valley, the Lidos of Locarno and Ascona, the golf courses and the nearby cities are easily reachable.

The spacious and comfortable rooms and suites in Mediterranean style are all equipped with air conditioning, minibar, WLAN, safe, radio, TV LCD, bathroom in marble, hair-dryer, bath robe, slippers and courtesy set. For the most part the rooms have a balcony or a terrace and



view on the park and the pool area.

Services included in the room price are: parking, WiFi within the entire property, transfer on request to and from the station in Locarno and to the Piazza in Ascona, use of the New Wellness area with saunas, ladies sauna, Steam bath, whirlpool, heated swimming pools (indoor year-round heated, outdoor swimming pool heated from ca. March until October), Fitness center with last generation Technogym equipment. You also find in our Delta Relax a Beauty Salon and Massage studio. At disposal are also a minigolf course with 18 holes, a football and volleyball field, table tennis, bikes and a playground for kids. Special discount for green fees with Golf Gerre Losone (20%) and Golf Patriziale Ascona (10%). In the amazing Lobby there are a bar, a smoker room, the wine cellar and a small library. To satisfy everyone's needs in terms of taste, tradition, style and specialities, both the Salotto 1962 restaurant and the Al Baretto bar by the pool in the summer will make you impatient to sit down at the table for any occasion or event.



Our Chef offer grilled meat and fish specialties, main courses and risotti, Mediterranean starters as suggestions rich in flavor.

If luxury also means nature, space and silence Parkhotel Delta is the right choice for you. Ideal for those who are looking to combine relax, nature, cordiality and warmth.

Discover the Parkhotel Delta and experience the typical hospitality of Ticino and the magic of Lago Maggiore.

---

PARKHOTEL DELTA WELLBEING RESORT  
6612 Ascona / Switzerland  
Tel. +41 91 785 77 85  
[info@parkhoteldelta.ch](mailto:info@parkhoteldelta.ch)



# DELTA BEACH LOUNGE

DRINKS - FOOD - EVENTS  
ASCONA SWITZERLAND



The Delta Beach Lounge in Ascona is a restaurant and lounge bar located on the shores of Lake Maggiore. The restaurant offers a spectacular view of the surrounding mountains and the crystal clear waters of the lake, creating a unique and relaxing atmosphere.

The Delta Beach Lounge's design is modern and sophisticated, with elegant and comfortable furnishings.

The terrace of the Delta Beach Lounge is one of its distinctive elements. It offers a unique outdoor dining experience with a breathtaking view of the lake. The terrace is furnished with comfortable sofas and chairs, creating a welcoming and relaxing atmosphere.

The restaurant offers a wide choice of Mediterranean cuisine, prepared with fresh,

high-quality ingredients. The menu also offers a selection of Gourmet Pizzas and Dim Sum, small ravioli with meat, fish or vegetables, served in bamboo baskets.

The wine list boasts over 200 labels including whites, rosés, reds, bubbles, obviously coming from Ticino but also from France, Spain, Argentina, Chile, Australia, New Zealand and Italy with a vast selection of Super Tuscans. The cocktails, drinks and wines are perfect to accompany meals or to be enjoyed relaxing on the terrace.

The Delta Beach Lounge is suitable for any occasion of the day, from lunch to an aperitif, from dinner to after dinner with live music and DJ sets.

The large garden, the terrace, the modern internal room and the rooftop make it the ideal place to spend unforgettable moments and to organize corporate and private events such as weddings and birthdays. Furthermore, the highly qualified and professional staff guarantees an impeccable and personalized service.



## DELTA BEACH LOUNGE

Via Lido 82 - 6612 Ascona  
+41 (0)91 791 40 60  
info@deltabeach.ch



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**GOLF CLUB LUGANO:  
A LOVE STORY**

In 1915 Erwin von Riedemann moved from Germany to Lugano with his beloved wife Josefa. Josefa was a passionate golfer, winner of various important competitions. So it was that her husband Erwin decided to show all his love for her by founding one of the first golf courses in Switzerland, inaugurated in Magliaso on 24 November 1923. Created as a 9-hole course by the architect Percy Dell, it was expanded to 18 holes by Donald Harradine in 1970. It is a small miracle: in fact the land on which the course extends today is only 32 hectares, while modern courses they employ around fifty. The holes alternate well, offering inte-

resting challenges for both beginners and professionals.

The Lugano Golf Club also hosts the Lugano Golf Academy under the direction of Paolo Quirici, a golfer who in the late 1980s took fourth place at the Crans Open, the most important competition for professionals in Switzerland and part of the European circuit.

Today the course winds along the Magliasina river on flat terrain among woods of birch, oak, pine, beech, rhododendron, oleander and azalea, among which one encounters many squirrels and also a splendid heron, which often stops between holes 10 and 11. We warmly welcome you and wish you a good game!

GOLF CLUB LUGANO

Via Boett 2  
6983 Magliaso

T. +41 91 606 15 57  
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# DAS ACHENTAL

## PURE CHIEMGAU

In the heart of the Chiemgau, between Chiemsee and Kampenwand, you will find our resort DAS ACHENTAL. Pure nature, lots of feel-good ambience and first-class service guarantee you relaxation and enjoyment from the very first moment. Discover our rooms and suites, indulge yourself in our restaurants, relax in our spacious wellness area or enjoy our excellent 18-hole golf course in a unique natural setting. Edip Sigl and his team will be happy to welcome you to the 2-star gourmet restaurant es:senz and take you on a culinary journey. Whoever enters es:senz is greeted by a pleasant atmosphere, atmospheric lighting, noble interior, open fireplace and stylishly set tables. This luxurious yet relaxed ambience is complemented by cordial staff and crowned by the culinary delights from the kitchen.



## STAY IN THE HEART OF CHIEMGAU

Our 195 well-being rooms, Junior suites and suites combine relaxed luxury and Alpine cosiness. The facilities include plenty of original wood, loden and natural materials to create a cosy atmosphere, in which you get to wonderfully relax.

128



## ES:SENZ

The pure flavour of Chiemgau. Surprising re-interpretation.

Behind the name es:senz is the promise to concentrate on the essentials in every dish. Instead of many ingredients, only a few selected components are used, from which the best of their original taste is extracted. True to our motto «Chiemgau Pur», mainly regional products are used for this, naturally in the best organic quality. The 2-Michelin-star gourmet restaurant es:senz in Chiemgau, combines everything the heart desires. Visitors can expect plenty of variety, such as the magnificent Chiemsee, mountains, moorland, sights such as Herrenchiemsee Castle, the hotel's own golf course, lots of relaxation in the Achenal SPA and plenty of feel-good ambience in the resort's rooms and suites. A perfect combination for a relaxing break paired with the finest culinary delights at the gates of Munich.



129



## ACHENTAL SPA

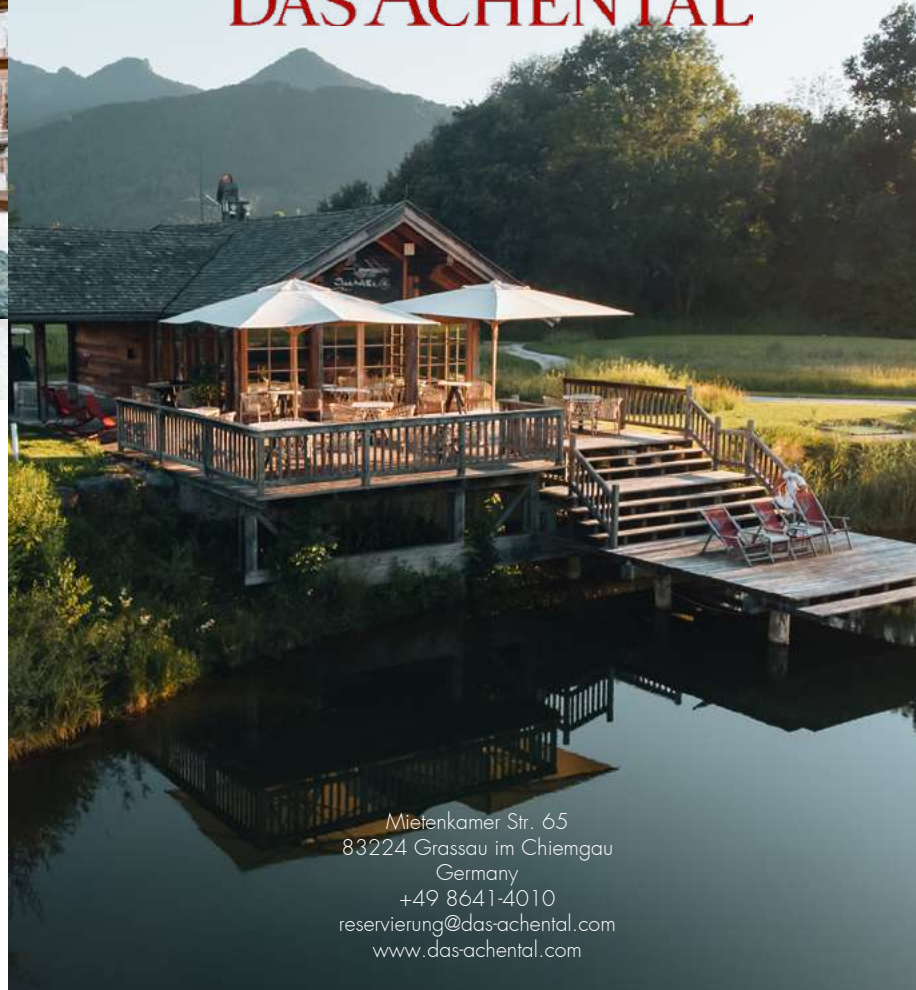


True beauty comes from within. Let's start with your well-being. With our feel-good treatments, we create moments of happiness that you can draw on for a long time to come. We pamper you from head to toe and ensure relaxation that you will see. Let our spa team pamper you and return home fresh and relaxed. We will be happy to advise you individually and put together a feel-good program according to your wishes.

We recommend that you book your personal spa break before you arrive so that you can make a firm reservation as you wish. You can reach us by email at: [spa@das-achental.com](mailto:spa@das-achental.com) or by telephone at Tel: +49 8641 401 760.



# DAS ACHENTAL



Mietenkamer Str. 65  
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[www.das-achental.com](http://www.das-achental.com)

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## DAS ACHENTAL

18 hole - course

- 5835 Mt
- 6 Restaurants
- PGA Premium Golf School
- PGA Academy
- Pro Shop
- Simulator
- Fitting Center

The Das Achenal resort is located in the heart of the Chiemgau, between Kampenwand and Chiemsee. The in-house 18-hole golf course, rated as a 5-star superior golf course and one of the „Leading Golf Clubs of Germany“ as well as the PGA Premium Golf School with spacious practice facilities are right next to the hotel. Opened in 2013 and designed by the renowned course architect Thomas Himmel, the course challenges players of all handicap classes and at the same time impresses with its excellent maintenance and high standard of service on and off the golf course. Another highlight is the Halfwayhaus Seehütte10, which is well-known across the border and is located on the hotel's own lake.

### DAS ACHENTAL

Mietenkamer Straße 65  
D-83224 Grassau / Chiemgau  
Tel.: +49 86 41 401 783  
shangel@das-achental.com



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## MYPTTER.CH a dream of two old friends

The friendship between Jérôme and Ludovic started already during the primary school time. Then they started to play golf together more than two decades ago in many countries all over the world.

We developed MYPUTTER.CH together after many years of research (errors and trials ;-). Jérôme is a mechanical engineer, Ludovic is a cardiac surgeon and in common we have a dedication to precision.

The main idea and difference of MYPUTTER.CH is

the curved face that was already used in the 70's but adapted on modern putter shapes (mallet, semilunar, half blade).

Our goal was to produce a customizable Swiss made putter that stays in the middle price range so that it is accessible for everybody.

But at the same time our product can be totally personalized: from the color, the shaft, the lie and your own name or logo....

MYPUTTER.CH is FULLY customisable!



We want to give a kick of colours and trendy, for the moment we have 7 colours (reflecting the rainbow) and the 8th is in the way...

You can choose the colour of your MYPUTTER.CH according to your outfit and emotions and the trendy way you would love to be seen on the golf course.

MYPUTTER.CH is also sustainable. A part of the production is done by disabled people in a sheltered workplace in Wallis and this has surely a positive impact and energy on the product.

Discover MYPUTTER.CH on social media  
[@myputter.ch](https://www.instagram.com/myputter.ch)  
Follow us and be part of our Family



[jerome@myputter.ch](mailto:jerome@myputter.ch)

[ludovic@myputter.ch](mailto:ludovic@myputter.ch)

[www.myputter.ch](http://www.myputter.ch)



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## 2023 EDITION

The Omega European Masters is one of the most prestigious golf competitions played on European soil. Located in Crans-Montana at the heart of the Swiss Alps, the Crans-sur-Sierre Golf Club is indisputably the most spectacular course on the European Tour schedule.

This internationally-renowned golf competition, played on the same course for the 76th time in 2023, has seen players such as Spain's Severiano Ballesteros, José María Olazabal and Sergio Garcia, Scotland's Colin Montgomerie, South Africa's Ernie Els and Britain's Lee Westwood win the coveted trophy.

South Africa's Thriston Lawrence wins the trophée in 2022 after an exciting play-off against Britain's Matt Wallace.

The professional players will meet again in Crans-Montana, from August 31 to September 3, 2023, for a new edition filled with thrilling and magical shots!

  
**OMEGA**  
**MASTERS**  
CRANS MONTANA 

OMEGA EUROPEAN MASTERS  
AUGUST 31 - SEPTEMBER 3, 2023



### The history of the European Masters

The Swiss Open has a long history, having been held for the first time in 1923. At that time there were only eleven golf courses in Switzerland. The one in Engadine-Samedan, the oldest amongst them all, created in 1898, organized the first editions of the tournament. Until 1938 the Open took place alternately in Engadine, Lucerne, Lausanne and Zurich Zumikon. In 1939 the Swiss Open took place on 72 holes for the first time in Crans-sur-Sierre and the winner was the French professional Fifi Cavallo.

Then the long night of the war came along and the Open was not revived again until 1948. From this date on, Crans-sur-Sierre has been the permanent site of this tournament to become the European Masters in 1983. An Italian, Ugo Grappasonni, was the winner of the first event after the war and won again in 1952. With the success of Aldo Casera (1950), Alfonso Angelini (1957 and 1966) and Roberto Bernardini (1968 and 1969), the Italian professionals made their mark in the history of the Swiss Open until the end of the sixties. They won again with Costantino Rocca in 1997.

The long list of winners is filled with prestigious names, such as Dai Rees, Harold Henning and Graham March; however the Swiss Open went through some very difficult moments between the middle of the sixties until the end of the following decade due to a similar tournament taking place in England simultaneously. Participation and financial difficulties handicapped the tournament and monopolized the discussions in 1978, to such an extent that hardly anyone even noticed the success of the young golf prodigy, Seve Ballesteros, which practically went unnoticed.

But times changed quickly and in 1979 eighteen sponsors shared the holes, the tournament budget exceeded 400'000 Swiss francs and well known foreign professionals participated in the competition. Since that day, the Swiss Open has never ceased to develop and grow to become one of the best known tournaments and most prestigious in Europe. To what does it owe this success? To the beauty of the site, the warm welcome of the local population and the unique atmosphere that a large resort in the mountains has to offer.



However, this success is obviously also due in large part to the financial support and the faithful partners of the tournament, beginning with Omega, the title sponsor since 2001. Credit Suisse, Ebel, Volvo, Canon (main sponsor from 1991 to 2000), Swiss(air), Swisscom, Moët & Chandon and others have also contributed to the fabulous development of the Open. To all of this is added, for the organization, the presence of a local close knit and efficient team, directed for many years by Gaston-F. Barras, and the support of the Crans-sur-Sierre Golf Club. The former Swiss Open, now the European Masters,

is a sports operation, both commercial and touristic of great measure of which the budget exceeds ten million Swiss francs.

Since the end of the 1970s, the list of winners is rich with laureates of major Grand Slam tournaments like the Spaniards Severiano Ballesteros (1977, 1978 and 1989) and José Maria Olazabal (1986), the American Craig Stadler (1985), the professional from Zimbabwe, Nick Price (1980) or the British, Nick Faldo (1983) and Ian Woosnam (1982).



### GASTON-F. BARRAS – EUROPEAN MASTERS FOUNDATION

Golf has always been part of the history of the resort of Crans-Montana. The course, built in 1906 and the tournament, with its first edition in 1939, have largely contributed to the development of the resort.

In order to maintain and develop the practice of this sport and to perpetuate the organization of the tournament, it was decided to create a Foundation, recognized of public utility.

It will bear the name of Gaston-F. Barras, long time President of the Golf-Club and the tournament, instigator of the development of golf on the Haut-Plateau and initiator of the organization of an international golf tournament, as well as the name “European Masters”, one of the most spectacular tournaments in the world.

The Gaston-F. Barras – European Masters Foundation aims to collect donations which will mainly be dedicated to the development of golf in the resort.



### ABERG LUDVIG WINNER OF OMEGA EUROPEAN MASTERS 2023

The smooth-swinging Swede has made history as the first player to earn direct access to the PGA TOUR via collegiate merit, finishing No. 1 on the 2023 PGA TOUR University Ranking. As the No. 1 player on the PGA TOUR University Ranking, Aberg earns immediate TOUR membership that will carry through 2024 at minimum. He departed amateur golf at No. 1 on the World Amateur Golf Ranking, and he was recently named recipient of the Ben Hogan Award and Jack Nicklaus Award as college player of the year. His amateur resume leaves little doubt as to his merits, sentiments echoed by those who know him best.

The Gaston-F. Barras – European Masters Foundation aims to collect donations which will mainly be dedicated to the development of golf in the resort.

Aberg at the top of his game on his first appearance at the Omega European Masters Ludvig Aberg’s enormous potential was well known, but his victory on his first appearance at the Omega European Masters in Crans-Montana was impressive. After just one year as a professional player,

the young Swedish prodigy demonstrated his immense potential by winning a DP World Tour tournament for the first time. He was in the running from Thursday onwards, and didn’t give up until the last hole to snatch victory from the favorite, Matthew Fitzpatrick, who finally finished in 3rd place with a score of -16. Sweden’s Alexander Bjork takes 2nd place with -17, while Connor Syme finishes 3rd tied. Ludvig’s victory testifies to his exceptional skills, which have enabled him to break into the world’s top 100 at number 89.



OMEGA EUROPEAN MASTERS  
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Tel: +41 27 565 78 60  
www.omegaeuropeanmasters.com





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## HOTELS & APARTMENTS

On Lake Garda, it is perfectly located within a 110-hectare park, in harmony with the surrounding environment and equipped with all services and comforts. The care in furnishing and in the choice of materials has created a sophisticated Italian environment that tells a story of style and great hospitality.

## RESORT

Once you enter the Chervò Golf Hotel SPA & Resort San Vigilio, you will be immersed in a world where modernity, efficiency and excellent service standards blend with unspoiled nature surrounded by rolling hills and lush vegetation.



**CHERVÒ GOLF**  
**HOTEL SPA & RESORT**  
SAN VIGILIO  
POZZOLENGO  
LAGO DI GARDA ITALY

CHERVÒ GOLF HOTEL  
& RESORT SAN VIGILIO SPA  
Loc. San Vigilio, 1  
25010 Pozzolengo (BS) - Italy  
T +39 030 91801  
P.IVA: 02559330986  
info@chervogolfsanvigilio.i



The resort offers many personalized packages such as stay and platreif package, stay with unlimited golf, outdoor sports, wellness, wine tastings and a restaurant that offers both traditional dishes and surprising combinations of flavours.

A golf course, a hotel with SPA, apartments, restaurants, meeting rooms, a sports center and large spaces to plan a holiday with many different but harmonious ingredients have been created around a 12th century Benedictine abbey, the historic heart of the park.

The location of the Chervò Golf Hotel SPA & Resort San Vigilio is ideal because it is close to Lake Garda and is open all year round, with all its attractions and uninterrupted holiday seasons, as well as the cities of Lombardy and Veneto and is inserted in a landscape where tranquility and being in contact with nature are essential. This enchanting place is the perfect destination for athletes, travellers, families, couples and businessmen who can find a break, a moment of pleasure, entertainment or the ideal environment for business meetings. Chervò Golf Hotel SPA & Resort San Vigilio is also the venue for the 77th Italian open, awarded many times as the best golf hotel and best golf course in Italy.

# CHERVÒ GOLF HOTEL SPA & RESORT

SAN VIGILIO  
POZZOLENGO  
LAGO DI GARDA ITALY



## CHERVÒ GOLF HOTEL SPA & RESORT

SAN VIGILIO  
POZZOLENGO  
LAGO DI GARDA ITALY

The Chervò Golf Club San Vigilio, a stone's throw from Lake Garda, was designed by architect Kurt Rossknecht and boasts 36 holes, 9 of which executive and 27 championship, divided into three courses: Benaco, Solferino and San Martino.

When you enter the Club House, you will immediately feel enveloped in elegance and sophistication. Situated in such a way that it has a panoramic view of the golf course and the entire resort, it has a wonderful outdoor area where you can relax.

In addition, a large space for pro shops and accessories for golfers (changing rooms, luggage storage and parking trolleys, etc.) complete the functional services.

### CHERVÒ GOLF HOTEL & RESORT

SAN VIGILIO SPA  
Loc. San Vigilio, 1  
25010 Pozzolengo (BS) - Italy  
T +39 030 91801  
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info@chervogolfsanvigilio.it

**BEST CLUB HOUSE AWARDED  
IN ITALY**



TERME NATURALI  
DI STAURNIA -  
„A WONDER OF  
NATURE TO BE  
PRESERVED“





## CLEANSE YOUR SPIRIT, HEAL YOUR BODY AND FEEL REBORN

The natural hot spring thermal waters at Saturnia maintain a constant temperature of 37.5 °C. This warmth is beneficial, helping to immediately ease issues with muscles and bones. Saturnia's thermal waters also boost the basal metabolic rate, reduce water retention, reinvigorate capillary circulation, and enhance hepatic cell activity, ultimately lowering blood sugar levels. This, in turn, increases the production of bile needed for fat digestion and decreases the absorption of cholesterol in the intestines.

When consumed on an empty stomach and in small amounts, these waters aid digestion and have a positive impact on gastrointestinal disorders. Additionally, Saturnia's thermal waters naturally exfoliate the skin due to their



## TERME DI SATURNIA NATURAL DESTINATION A HAVEN FOR REGENERATION AND RELAXATION

Situated in the heart of Tuscany, just under a 2-hour drive from Rome, Terme di Saturnia Natural Destination is one of the best and renowned international Spa destinations. It offers a chance to escape the stresses of daily life and indulge in a transformative experience that seamlessly combines luxury and relaxation. A place characterized by magnetic energy, it is ideal for those in search of psycho-physical balance, harmony between mind and body, health and beauty. The art of hospitality, coupled with the expertise and passion of the Terme di Saturnia team, works harmoniously to turn a stay at the 5-star Luxury Resort into an

authentically rejuvenating experience.

### IMMERSE IN THE MAGICAL WATERS OF TERME DI SATURNIA

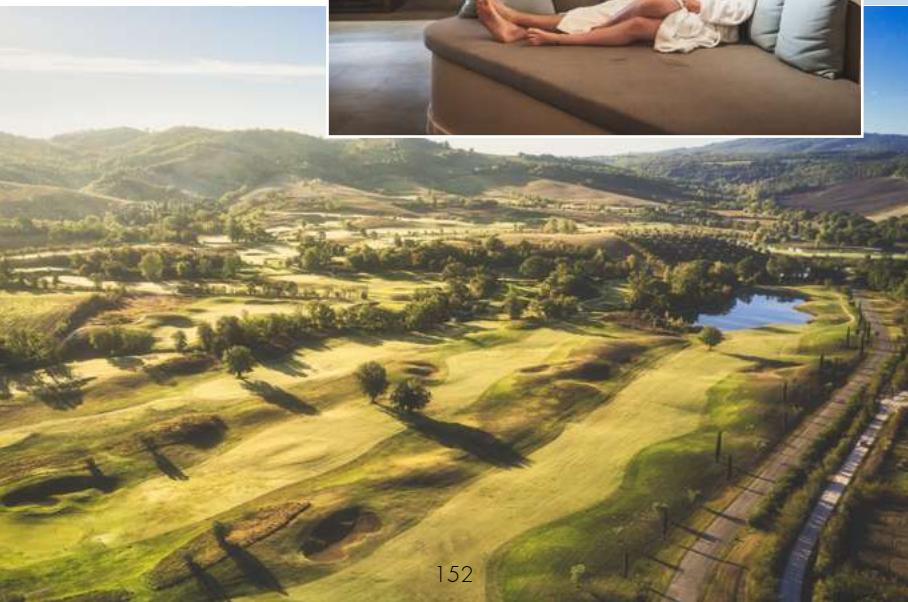
The miraculous waters, continuously flowing from the depths of the Earth for 3,000 years at the very heart of the Resort, bestow upon you the precious gift of genuine rejuvenation. The Terme di Saturnia experience is rooted in the tradition of thermal culture, harnessing the inherent therapeutic power of the certified thermal waters — a source of vitality, well-being, and physical restoration dating back to Roman times.



cleansing and antiseptic properties. They are characterized by being sulphurous, carbonic, sulphate, bicarbonate, alkaline and ferrous.

### THERMAL PLANKTON

The thermal plankton that forms and matures in the Natural Hot Spring is a priceless biogenic treasure of natural minerals and nitrogenous substances, rich in amino acids, sulphur, potassium and magnesium and endowed with extraordinary anti-inflammatory, antioxidant and regenerative properties. Its effectiveness and tolerability have been demonstrated at the most prestigious Italian university centres. Radical-scavenging activity tests were conducted on this seaweed and its extracts, and they proved to be antioxidants.



## TERME DI SATURNIA NATURAL DESTINATION - A SYMBOL OF HOSPITALITY AND WELLNESS

Nestled within 120 hectares of untouched nature, Terme di Saturnia Natural Destination comprises a hotel offering 124 rooms and suites, a multi-awarded spa, a GEO-certified 18-hole golf course and two restaurants. Surrounded by rolling hills, vineyards, and olive groves, the Resort serves as an ideal retreat to immerse oneself in a world of radiant well-being. The hotel is also the gateway to unlocking your active well-being, offering numerous complimentary facilities and daily activities. Positioned at the heart of Tuscan Maremma, a region that captivates with its charming villages, historical sites, cultural attractions, wineries, and local gastronomic excellence.

## A WORLD-RENOWNED SPA

Terme di Saturnia Natural Destination is celebrated for its tailor-made programs using its' exclusive cosmetic line. The spa offers a wide array of comprehensive physiotherapeutic treatments, encompassing kinesiotherapy, hydrokinesis, therapeutic massage, and Tecar therapy. Advanced non-invasive cosmetic treatments, utilizing cutting-edge equipment, include filler injections, laser therapies, and skin peels.

The Natural Spa also provides specialized services, such as medical, thermal, dermatological, physiatric and naturopathic consultations. Through the «Terme di Saturnia Method», tailored programs harmonize body, mind, and soul, promoting holistic



healing and equilibrium. These programs, spanning Mind, Detox, Slim, and Classic, activate the body's defenses, countering the adverse effects of free radicals.

#### NATUROPATHY

At times, individuals may seek an alternative route to enhance the overall quality of their lives. Terme di Saturnia's in-house Naturopath, Laura Quinti, an expert in Nutrition, Energy Medicine, Homeopathy, and Bio-Energy, provides guidance through diverse modalities including iridology, family constellations, reiki, and bioenergetic healing. These approaches aim to address, unblock and reenergize, fostering positive transformations.

#### TERME DI SATURNIA'S ACTIVE BEAUTY COLLECTION

Every cosmetic in this collection is formulated with precision, featuring Saturnia bioplancton, a natural marvel. This cosmetic line empowers you to carry the essence of a Terme di Saturnia spa treatment, allowing you to experience its extraordinary softness wherever your journey takes you.

#### MEDICAL CONSULTATIONS

In the realm of preventive healthcare, the doctors at Terme di Saturnia are available for consultations in the private and serene surroundings of the facility. The multidisciplinary team is committed to preventive healthcare, addressing immediate concerns and contributing to the development of a stronger body for a healthier long-term life.



#### CULINARY JOURNEY - LOCAL TRADITION, INNOVATION, PRIME QUALITY, FRESHNESS

Embark on a culinary adventure that follows the rhythms of nature, offering a delightful journey for the senses. The Resort features a fine-dining restaurant, a typical Tuscan «trattoria» and a bar overlooking the Natural Spring. Each venue has a unique ambiance and a menu celebrating the flavors of the region and the prime-quality ingredients of Italy.

Executive Chef Salvatore Quarto strives to deliver distinctive flavors to both the plate and the palate, creating lasting memories and evoking emotions. His seasonal approach forms the foundation of his culinary philosophy, creating dishes that evolve with the changing seasons. Chef Quarto is environmentally conscious, selecting ingredients and practices that



respect the local ecosystem. Prioritizing nutrition and wellness, his creations are designed not only to delight the senses but also to nourish the body and soul. Each dish is a symphony of balance and taste, leaving guests not only satisfied but also energized and revitalized.



## GOLF

Terme di Saturnia Golf is a championship, Par 72, 18-hole course designed to merge with the surrounding hills while carefully conserving natural habitats.

Professionals appreciate the many challenges, while beginners quickly discover the pleasures of golf in these inspirational surroundings.

Excellent facilities include an extensive practice area with driving ranges and manicured putting greens, with the Club House conveniently located in the Resort's premises.



NATURAL DESTINATION

### TERME DI SATURNIA NATURAL DESTINATION

Via Follonata  
58014 Manciano (Grosseto),  
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+390564600111  
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**Cascina Era:** The Wellness Resort in Biella perfect for your special moments. The right place to treat yourself to a relaxing and regenerating holiday. But also a suggestive location for weddings and events.

An exclusive location, ideal to satisfy all your needs: a big event, a city break, a short business stay or a long relaxing holiday. Our hospitality and professionalism to satisfy your every expectation.

We are in front of the La Rocchetta Castle, a historic location embellished with elements of pure design.

We have recovered and maintained the



architectural identity of the resort by renovating it with contemporary minimal design elements.

Cascina Era È Resort Wellness now offers 23 Suites of FOUR different types: SPA Suite, WELLNESS Suite and DESIGN Suite and ROOM GARDEN, each with peculiar characteristics, ready to give you true moments of relaxation and privacy.

The Cascina Era È Resort Wellness restaurant enhances the local culinary tradition, expertly revised in a modern key and with great attention to raw materials.

## RELAIS CASCINA ERA È RESORT WELLNESS

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# 19

## golfshoes

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"WE BRING BACK THE CLASS"



G.C.Biella - Le Betulle, founded in 1958, has in the golf course, framed in a landscape of rare beauty, its strongest point. Over many years G.C. The course, designed by British architect John Morrison, is a typical example, rarely found in this country, of "English style" layout, very "environment-friendly". Silver birches, chestnut trees and centuries old oaks frame the eighteen holes with colourful backdrops that change with each season. Practice facilities are available, consisting of two practice putting greens, a practice hole complete with bunkers, chipping and pitching greens and a driving range with grass tees and sheltered practice boxes.

Golf Club Biella "Le Betulle" is home to important International Championships which saw the participation of the best European professionals including the No. 1 in the world Rory McIlroy. Inside the Club House, the simple but refined furnishing and wooden flooring pierced by spiked shoes give a feeling of warmth. The Lodge, aesthetically delightful, offers very comfortable rooms with old style furnishing, perfectly in sintony with the Club House.

### 18 hole - course

- Par 73
- 6534 m
- Restaurant
- Driving Range
- Putting Green
- Pro Shop
- FORESTERIA (20 rooms)



ASSOCIAZIONE SPORTIVA  
DILETTANTISTICA  
GOLF CLUB BIELLA  
Regione Valcarozza  
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# YELLOW BALL CUP 2023





# YELLOW BALL CUP 2023





## THE REALE GOLF SCHOOL WAS BORN OUT OF A PASSION FOR THE GAME OF GOLF AND THE DESIRE TO SPREAD IT THROUGH ITS TEACHING.

The teaching activity began 50 years ago thanks to the founder and „progenitor“ Agostino Reale, who passed on his enthusiasm to his three sons, Andrea, Michele and Stefano. These have consequently first become internationally renowned players, then masters appreciated for their technical knowledge, experience, behavior and love for golf, which for the Royal family represents not only a sport, not only a job, but the fulcrum around which the what is now a family tradition.

The school doesn't limit itself to building good swings, but aims to train good players able to be at ease on any course. To achieve this goal, the members of the RGS use an organic method that takes into consideration

not only the playing technique, but also the knowledge of the rules of golf, the psychological nuances, the athletic aspects and the basic knowledge of construction of the tools used by the golfers.

The prerogative of the school is to supervise the various offices directly with a family member, not delegating to third parties or assistants. This makes it possible to guarantee a high level of quality, as well as to present students with a single, organic, coordinated and consolidated teaching model over the years. Furthermore, the students can easily experiment with the various teachers of the school, obtaining however coherent and never contradictory solutions.

## THE SCHOOL

Individual lessons: find in the „where we are“ section the course closest to you where an RGS instructor teaches.

Youth activity: RGS has always promoted the importance of youth activity in the various clubs, as it is the lifeblood for results, energy, involvement, fun and the future of golf.

The Golf Clinics: the RGS has been a proponent of this teaching method for 25 years, which allows you to concentrate in golf clinics from 1 to 7 days, at its offices in season or at mild locations in winter.

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[WWW.REALEGOLFSCHOOL.IT](http://WWW.REALEGOLFSCHOOL.IT)



**HOTEL RIU TIKIDA PALACE 5\*** Situato ad Agadir, a 1,2 km da Amazighe Heritage Museum, Hotel Riu Palace Tikida Agadir - All Inclusive offre una piscina all'aperto, un parcheggio privato gratuito, un centro fitness e un giardino. Tra i servizi di questa struttura c'è un ristorante, una reception 24 ore su 24 e uno sportello bancomat, oltre al WiFi gratuito in tutta la struttura. L'hotel dispone di una piscina coperta, una vasca idromassaggio, un programma di intrattenimento serale e un mini club. Camere climatizzate dotate di armadio, cassaforte, TV, balcone e bagno privato con bidet. Colazione a buffet. Possibilità di giocare a tennis. Il porto di Agadir è a 2,9 km da questo hotel, mentre l'aeroporto più vicino si trova a 20 km da Hotel

### Pacchetto

- **Volo da Bergamo** incluso piccolo bagaglio da riporre sotto sedile (zainetto/borsa) + 1 solo collo a scelta tra sacca 20 kg o valigia 20 kg.
- **Trasferimenti** in loco da e per aeroporto + shuttle ai golf giardini
- **7 notti Hotel RIU TIKIDA PALACE 5\*, ALL INCLUSIVE**
- **Assicurazione** medico/bagaglio

### Quote\* di partecipazione a persona

- **GOLFISTA** in camera doppia standard+piccolo bagaglio+a scelta o sacca o valigia € **2.150**
- **NO GOLF** in camera doppia + piccolo bagaglio + valigia da stiva 20 kg € **1.350**
- **Suppl. Singola** per tutto il soggiorno € **360**
- **Assicurazione di Annullamento** € **60**

\* Quote da riconfermare al momento della prenotazione del volo.

**Inclusa golf clinic € 800** (comprensiva di trasporti, green fee, lezioni) da saldare al maestro prima della partenza

**PROGRAMMA:** **Giorno 1°:** h. 15.40 partenza da Bergamo, volo diretto; h. 19.15 arrivo ad Agadir e trasferimento Hotel. **Giorno 2°:** h. 09.30 -13 Golf Clinic; nel pomeriggio 9 buche; **Giorno 3°:** h. 09.30-13 Golf Clinic; nel pomeriggio 9 buche; **Giorno 4°:** h. 10-12 Clinic; h. 09.30-13 Golf Clinic; nel pomeriggio 9 buche Golf; **Giorno 5°:** giornata libera da dedicare ad escursioni o per giocare su altri percorsi; **Giorno 6°:** h. 09.30 - 13 Golf Clinic; nel pomeriggio 9 buche; **Giorno 7°:** h. 09.30 -13 Golf Clinic; nel pomeriggio 9 buche; **Giorno 8°:** Rientro in Italia. h. 20.00 partenza da Agadir e h. 23.35 arrivo a Bergamo.



**REALE GOLF SCHOOL**

**Informazioni e prenotazioni**

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Hio golf travel  
MARELLA



**GOLF CLUB CERRIONE**  
 IL MULINO

It is a 9-hole course, with double tee-offs, spread over an area of 30 hectares, built between the Bessa special nature reserve and the Olobbia stream. Superintendence of cultural heritage, it is rich in woods, which are the shelter of a fauna often visible by golf players because they are accustomed to the presence of man.

The course is 2610 meters and is a par 36 with two par 5s of over 500 meters,

full of natural obstacles, one of these is the ruins of the old mill from the 1600s in the middle of hole 1. Few bunkers, spectacular hole 9 with the lake to fly from above that fascinates everyone. Area rich in history, protected park, protected by the Area rich in history, protected park, protected by the Superintendency of Cultural Heritage, is rich in woods, which are a shelter for fauna often visible by players of golf because she is used to the presence of man.

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WWW.GOLFCLUBCERRIONE.IT



## IL RELAIS

Close your eyes and imagine a 4-star hotel at the foot of the Biella Alps. Surrounded by large green spaces, a swimming pool and padel courts. Enhanced by an elegant SPA and enriched by a cuisine and a local wine list. Theater for corporate, private and cultural events, with that extra touch. Imagine a Relais with all the services at your disposal on the outskirts of Biella.

Now open your eyes again: this is the Santo Stefano SPA Relais.

In any room you stay, you will be able to look out over the greenery that surrounds the Relais Santo Stefano.

If you want to pamper yourself a little more and choose one of our Suites, you will have a sitting room and a kettle with a selection of teas and herbal teas. If, on the other hand, you want to give yourself the best, the rooms of the SPA Lodge await you with their bathroom area equipped with multi-jet showers designed by Gessi.

## RESTAURANT

If you are looking for a peaceful corner, with a view of the olive trees and the swimming pool, stop at the SANTO STEFANO RESTAURANT.

A relaxed atmosphere will be the setting for a break during work during the week, or for a weekend break, after a game of padel or after a regenerating afternoon in the SPA. You can try our cuisine for lunch and dinner on the occasion of a business or private event, or during your stay at the hotel, or even for a visit during the day: in fact, the restaurant is OPEN EVERY DAY by reservation, even for external guests .

## SPA

The SPA of the Relais Santo Stefano, a few km from Biella, is all you need to recharge your batteries, disconnecting your mind and regenerating your body. A perfect cuddle to give or to treat yourself.

With attention to every detail, it is spread over two floors between modern design cabins and a wet area equipped with every comfort. A multi-sensory journey through colours, sounds, scents and natural materials that accompany our guests in search of a new dimension of well-being.

Our SPA awaits you whether you are a guest of the hotel or an external guest: IT IS OPEN EVERY DAY upon reservation.

AND ALL THE SPORT YOU WANT...

## CONTACTS

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# 3T

BOUTIQUE HOTEL IN IVREA



Located in the heart of Ivrea, just 450 meters from the historic centre, this exclusive Eco Boutique Hotel with 30 elegant rooms and suites, its own restaurant and bar and modern business room, has immediately become the perfect place to spend a few days discovering del Canavese, a Unesco heritage industrial city of the 20th century.

## ECOLOGICAL. COMFORTABLE. MODERN.

We designed our eco-boutique hotel with the idea of creating a sustainable balance between people and the environment and guaranteeing maximum comfort for guests: the 3T Boutique Hotel, in fact, was designed with profound respect for nature.

The structure is anti-seismic and entirely in wood, a sustainable material with a positive ecological balance, and is made up of Xlam panels, which make it light and resistant. A mineral fiber thermal coat guarantees its insulation and the solar and photovoltaic panel system, aligned with the solar rotation, takes care of the production of thermal and electrical energy. LED lighting limits energy waste.

Inside you will be able to enjoy the benefits of a wall of preserved greenery, a real vertical garden that helps regulate the temperature and humidity of the environment and purify the air in a natural way, without CO2 emissions. We are also equipped with two Porsche columns for recharging cars.

### ROOMS AND SUITES

Rest in one of the exclusive rooms and suites and let yourself be pampered by the soft velvet materials and iridescent colors that you will find in the 6 different room types.

At the 3T Boutique hotel the 30 rooms and suites express a modern and comfortable design. A different theme inspired the





concept design for each room so as to make them unique and unforgettable, with a view of both the Castle and the morainic amphitheater.

All rooms are equipped with a soundproofing system for an impeccable quality of sleep and privacy, lulled by ergonomic mattresses, very light shaved cotton sheets, and a real menu in which to choose your favorite pillow.

#### RESTAURANT

XO Restaurant & Lounge Bar is synonymous with traditional Piedmontese cuisine with delicious reinterpretations and with an original touch. Whether it's a business lunch, an aperitif at sunset or a special dinner, the XO staff and the attention of the entire structure are at your complete disposal.

#### BUSINESS HOSPITALITY

The 3T Boutique Hotel is equipped to host

events, presentations and business meetings. The business room is equipped with the most modern technologies such as the interactive Flipchart and is modular.



**IL 3T BOUTIQUE HOTEL**  
Via Sant'Ulderico, 7 ad Ivrea (TO)  
Per informazioni o prenotazioni:  
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www.3thotel.it



Located on the outskirts of Turin, our 9-hole golf course awaits you.

Immersed in a landscape that will offer you pure fun and total relaxation.

Our primary objective is to create an aggregation pole in the area, bringing young people and their families closer to this exciting sport, which has returned to an Olympic discipline since 2016, capable of creating the right competitive spirit but above all of transmitting the importance of the rules by affirming unique values such as loyalty and style.

The intriguing 9 holes of our course, approved by the Italian Golf Federation in 2014, complete the initial design of the driving range and pitch&putt course, inaugurated in 2007.



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[www.golfballs24.com](http://www.golfballs24.com)

#### A RECOVERY SERVICE YOU CAN TRUST ...

Every day, a large number of balls are lost due to incorrect shots, which players leave behind them on the playing field. Our entrepreneurial idea was born from this objective consideration.

"Golfballs24" has been in the business of selling and recovering used golf balls from lakes for over 20 years.

Thanks to the collaboration with professional divers, highly specialized in this sector, the recovery activity is carried out in the waterways with avant-garde equipment and tools, which allow during the operations to preserve the structure of the lakes in full compliance with the nature and environmental balance.

The balls recovered in the fields then allow us to activate sales channels

in order to recycle products that would otherwise inevitably pollute the beautiful playing fields and at the same time guaranteeing the preservation of their uncontaminated nature.

Our divers, during the search for the balls, also take care of cleaning the filters and collecting all the waste found on the bottom of the lakes, then proceeding with the correct disposal of the same.

To date we collaborate with about 100 golf courses in the world.

What is the service we offer?

We first carry out a specific study of the golf course where our research will take place, in order to plan the activity in detail. Once the most suitable solutions have been identified for the field, they are shared with the Club Managers in order to implement what was planned. At the end of the recovery service, the



double result obtained will be visible and tangible: the reclamation of the bodies of water in full respect of the environment and a secure income for the course, as the recovered balls will be paid to the golf course by bank transfer banking.



#### GOLFBALLS24 SRLS

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REPORTAGE: ABU DHABI

# TIMELESS NATURAL BEAUTY

# ABU DHABI

## أبو ظبي

Boasting some of the world's most beautiful natural landscapes, Abu Dhabi is made up of three main regions – the UAE capital city and its surrounds, Al Ain (Eastern Region) and Al Dhafra (Western Region).

Thanks to its geographically diverse scenery and rich culture and history, the emirate is a dream to explore. Enjoy exquisite desert sunsets in the Empty Quarter, get up close and personal to wonderful wildlife on Sir

Bani Yas Island, kayak through mangrove forests, marvel at ancient UNESCO World Heritage sites and wander beneath palm trees in centuries-old oases.

Let Abu Dhabi surprise and delight you! From its majestic dunes to its lush mangroves, from islands in the blue of the sea to islands of green in the desert, an exhilarating natural adventure is waiting just round every corner...

Abu Dhabi's nature is a breathtaking tapestry of deserts, mountains, beaches, parks, and wildlife, creating a truly stunning and mesmerizing landscape that will leave you in awe.

## Things to do in Abu Dhabi

The city of Abu Dhabi is vibrant and lively; you'll never be without something to do. Beyond the city, majestic desert landscapes and lush green oases are open for exploring. Discover things to do in Abu Dhabi, and don't forget to click the heart icon to save your favourites to curate your perfect trip at your own pace.

From relaxing on the shores of Saadiyat Island to feeling adrenaline rush through your body at Ferrari World Abu Dhabi, there's something for every holidaymaker. You can spend hours on Yas Island, home to the world's largest indoor theme park, Warner Bros. World™ Abu Dhabi and the shopper's paradise, Yas Mall.

If you love nature, visit the beautiful Mangrove National Park, the wilderness of Sir Bani Yas Island and the dunes of the Empty Quarter. Be sure to refuel at one of Abu Dhabi's award-winning restaurants and get ready for some extraordinary events on the calendar. Watch world-class shows at the state-of-the-art Etihad Arena and be a part of the world's greatest racing event at the finale of the Formula 1™ season at Yas Marina Circuit.



## Places to visit in Abu Dhabi

Abu Dhabi has three regions ranging from the bustling capital city to the sprawling deserts of Al Dhafra and the oases of Al Ain. Surrounding the city and out to sea are many islands like Saadiyat, Yas and Sir Bani Yas to name a few, each with a unique character.

There is an endless array of places to visit in Abu Dhabi. Dive into adventure at theme parks on Yas Island or delve into history at the city's oldest standing structure Qasr Al Hosn, or ancient tombs, forts and oases in Al Ain. Be awed by culture and architecture at Sheikh Zayed Grand Mosque and Louvre Abu Dhabi. Explore breathtaking natural landscapes dune bashing in the Empty Quarter, kayaking through mangroves, touring conservation parks and lazing on white-sand beaches. Indulge in luxury at the private Zaya Nurai Island resort or Emirates Palace hotel. Meanwhile, foodies will relish in the city's many moreish offerings.



## What to see in Abu Dhabi

Wondering what to see in Abu Dhabi? Your options are endless. In the city and out in the desert, you'll find majestic buildings and awe-inspiring landscapes filled with experiences that you won't encounter anywhere else in the world.

Celebrate culture on Saadiyat Island, home to the architectural masterpiece, the Louvre Abu Dhabi. Further inland, the Sheikh Zayed Grand Mosque stands as a global beacon for peace, a must-see for anyone visiting the city. Qasr Al Hosn is the oldest structure

in the emirate and a unique place to learn about Abu Dhabi's rich history.

Take a trip to the desert to get an even better vantage point of ancient traditions and protected environments. Al Ain is an oasis city packed with museums, relics and sunshine-dappled pathways that meander through the lush greenery of the oasis. Jebel Hafit is Abu Dhabi's tallest peak, with 5000-year-old tombs to explore at the foot.

Start your exploration of the diverse and vibrant emirate of Abu Dhabi.

# UNMISSABLE WONDERS



Be amazed by Abu Dhabi's visionary wonders. Soak up ancient sights in Al Ain and at Qasr Al Hosn and immerse yourself in culture at Louvre Abu Dhabi and Sheikh Zayed Grand Mosque. Be sure to visit the modern-day icons of Abu Dhabi too like the luxurious Zaya Nurai Island and Etihad Towers.

## Step back in time

Abu Dhabi's heritage sites and cultural landmarks showcase time-honoured traditions. Artefacts uncover the tracks of the Bedouins (nomadic Arab people) who traversed the area for centuries, taming the landscape and making the modern Abu Dhabi.

## Legendary landmarks

Abu Dhabi's culture is rooted in Islamic traditions and its foremost message of peace. A mix of international influences paired with local heritage has resulted in a welcoming capital city that boasts a charming mix of new and old.



# experience Abu Dhabi



## Abu Dhabi Concierge

The Abu Dhabi Concierge service has been established to provide a single, unified platform where residents and visitors can get accurate and comprehensive information about the emirate, as well as fast and seamless resolution of any issues or problems that they may be facing.

[www.visitabudhabi.ae](http://www.visitabudhabi.ae)



Fadi Ammache, General Manager Grand Millennium Al Wahda



**GRAND  
MILLENNIUM**

**ABU DHABI  
AL WAHDA**

Grand Millennium Al Wahda one of the premium luxury 5-star Hotel in Abu Dhabi is the most preferred Hotel for business and leisure travelers, conveniently located in the heart of the UAE capital city.

Grand Millennium Al Wahda is one of the largest hotels in Abu Dhabi with 840 rooms, luxury suites and fully serviced apartments offering spectacular views of the capital and the nearby attractions. It also comprises a lavish spa, hi-tech fitness club and an array of restaurants providing multiple options of seasonal menus created with the freshest ingredients.

The hotel is conveniently located near the international airport, bus station and in close proximity to many local attractions, from the beautiful white sandy beaches and the iconic Louvre Abu Dhabi to Sheikh Zayed Grand Mosque, Abu Dhabi National Exhibition Centre, Al Nahyan Stadium, Abu Dhabi Mall, and Abu Dhabi Corniche. Also within easy reach are Heritage Village, Abu Dhabi City Golf Club, Yas Island, Yas Waterworld, and Ferrari World Abu Dhabi.



**Ideal venues for meetings and weddings in Abu Dhabi**

Our award-winning hotel is also the perfect place to plan exceptional events in Abu Dhabi. From meetings, corporate events and conferences to weddings and banquets, our talented team will take care of all the details to make your event memorable and successful.

The Grand Millennium Al Wahda offers guest a beautiful 5-star luxury accommodation in central Abu Dhabi. Book here for our Best Price Guarantee promise. Earn and spend loyalty points on all qualifying stays. The level of points, benefits and privileges are subject to availability and may vary at specific participating hotels.

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# HYSEK

MANUFACTURE HAUTE HORLOGERIE

HYSEK EMBODIES THE PINNACLE OF HAUTE HOROLOGY WITH ICONIC TIMEPIECES OF UNPARALLELED BEAUTY AND PRECISION

Dubai, United Arab Emirates (October 27, 2023) – Hysek represents the pinnacle of haute horology by combining artistic design and technical prowess to create timepieces characterized by total exclusivity and contemporary style seducing connoisseurs and discerning individuals eager to differentiate themselves and emphasize their originality.

The timepieces' unique designs are inspired by the brand's robust and daring personality to create iconic pieces embodying the subtle alliance between bold design and high-end watch-making know-how. Synonym of creativity, technicality, and quality, Hysek is an independent and unconventional Swiss watch brand with a prestigious position in high-end luxury timepieces. The brand has strongly imposed its disruptive vision within the watch industry since the launch of Kilada's line in 1997 which revolutionized the watch design.

By combining visual strength and harmonious lines, Hysek's design plays with recurring graphic themes. Each element that constitutes a Hysek timepiece, from the cases inspired by grand works of architecture to the dials

displaying the numbers 1-5-7-11, the personalized hand-engraved movements decoration to their original folding buckles, are key visual features that have rooted Hysek in the modern world.

Hysek brand has expanded very quickly and with the opening of its manufacture in Switzerland in 2007, the company enforced its position as a major player in the watch industry with an exclusive boutique for the brand in Dubai Mall, UAE showcasing Hysek prestigious collections such as Abyss, Kilada, Furtif, and IO.

The product line features iconic pieces such as the 41mm Abyss which represents an evocative timepiece recalling the genesis dedicated to those in search of the rare



object to be collected. Abyss line, absolute expression of HYSEK recognizable style, imposes itself as a must of the collection.

By offering a large choice of materials including gold, steel and gold, steel, Abyss seduces a sport-chic and masculine clientele. Available in various movements, Abyss is matching a technical and functional men's demand with strong and sturdy design and extreme elegance.

In addition to its remarkable style, Abyss technical elements place it among the most popular models of its category such as exclusive blocking system of the bezel, Grande Date, fold-over buckle, crown and pushes screwed, 300m water resistance, perfect comfort on the wrist owing its ingenious bracelet.

[www.hysek.swiss](http://www.hysek.swiss)



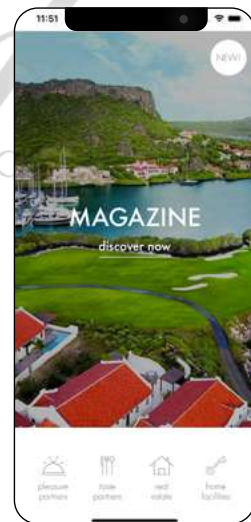


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