



Contact:
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DAY 1: ARRIVAL DAY

19:30 - 20:00 Presentation of the program and the participants at the Hotel Occidental Puerto Banús.

DAY 2: GOLF DAY

Through golf Chiara will help you to discover your inner language, boost your self-esteem, set up successful goals and learn new skills of emotional intelligence and mindfulness.

Suitable to any skill level.

10:00 - 11:00 Breakfast

12:00 - 13.30 Golf Master Class at Magna Marbella Golf Academy, part 1

14:00 - 15:30 Relax at the hotel

16:00 - 17:30 Golf Master Class at Magna Marbella Golf Academy, part 2

20.00 Glamour dinner in one of the hotel restaurants

DAY 3: TASTE DAY

10:00 - 11:00 Breakfast

11.30 - 13.30 Power Walking at the promenade, Free lunch

13.30 - 17.00 Visit to Marbella old town with wine tastina

18:00 - 19:30 Relax at the hotel

20.00 fine dinner at Picù restaurant, Puerto Banus harbour. Greetings and networking

DAY 4: PLEASURE DAY

10:00 - 11:00 Breakfast Rest & free time until 16:00 Options available (not included)

- Biking along the promemade
- Chilling at the pool
- Room massage

For bookings, ask Chiara.

16:00 - 18:00 Shopping time & discovery of the secret rooms of the famous Cortes Ingles
18:30 - 19:30 Relax at the hotel

20:00 Dinner at Gaucho Restaurant Puerto Banus Harbour

DAY 5: DEPARTURE DAY WITH OPTIONAL GOLF

11:00 - 12:00 FREE GOLF CLINIC AND COFFEE at Magna Marbella Golf



TOTAL/PERSON: 750 CHF

Payment:

Bank account:
 Zürcher Kantonalbank 8010 Zürich
 CH05 0070 0110 0066 0263 2
 FAB Consulting Gmbh
 Unot 23 8706 Meilen
 TWINT

078 843 09 60

NOT INCLUDED:

- Flight to Málaga Airport Costa del sol
- Accomodation at Occidental Puerto Banús
- Transport: Bus from the airport to Marbella (tickets: www.avanzabus.com) or taxi-uber at the exit of the airport; 40 minutes trip.
- For private transfer, ask to Chiara in advance.

<u>HOTEL BOOKING:</u> Direct booking on hotel website www.barcelo.com/en-es/occidental-puerto-banus Discount code 10 % for booking: GOLF 10PB